

Before The Next

COPPER KNOB
BY STEPHEN T. C.

拍数: 32 墙数: 4 级数: Beginner
编舞者: Rety - May 2016
音乐: Before The Next Teardrop Falls by Jenni Rivera



Intro: 16 Counts (start count the intro after 2 heavy beats)

S1: HALF BOX BACK, HOLD, BACK, TOGETHER, FORWARD, HOLD (SLOW COASTER STEP)

1-4 Step R to side - Step L together - Step R back - Hold (12:00)

5-8 Step L back - Step R together - Step L forward - Hold (12:00)

S2: STEP, LOCKED, STEP FORWARD, HOLD, FORWARD, PIVOT TURN 1/2 RIGHT, FORWARD, HOLD

1-4 Step R forward - Lock L behind R - Step R forward - Hold (12:00)

5-8 Step L forward - Turn ½ right - Step L forward - Hold (06:00)

S3: SIDE STEP, HOLD, BACK ROCK, RECOVER (R-L)

1-4 Step R to side - Hold - Rock L behind R - Recover on R (06:00)

5-8 Step L to side - Hold - Rock R behind L - Recover on L (06:00)

S4: ROCK FORWARD, TURN 1/4 LEFT, FORWARD, HOLD, FULL TURN RIGHT, HOLD

1-4 Rock R forward - Turn ¼ left - Step R forward (in front of L, prepare for full turn right)) - Hold (03:00)

5-8 Turn ½ right step L back - Turn ½ right step R forward - Step L forward - Hold (03:00)

Easy option for 5-8

5-8 Walk forward L - Walk forward R - Walk forward L - Hold

REPEAT

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