

Open Mind

COPPER KNOB
BY SHEETS

拍数: 32 墙数: 2 级数: Intermediate
编舞者: Shaz Walton (UK) & Hayley Wheatley (UK) - April 2016
音乐: Suddenly - Angry Anderson



Music Available from iTunes and Amazon

Count In: 16 counts

Notes: Restarts on walls 2 and Wall 4 (following count 26)

TAG: 8 count Tag at the end of wall 3

S1: STEP BACK, COASTER STEP, WALK FORWARD, ROCK FORWARD, RECOVER, STEP LOCK INTO SEMI-CIRCLE

1-2 & Large step back on LF, Step back on RF, Step LF beside RF □ 12:00
3-4 Step fwd on RF, Step fwd on LF □ 12:00
5&6 Rock fwd on RF, Recover onto LF, Step RF to R side making ¼ turn R □ 3:00
&7&8 Close LF behind RF, Step RF fwd making 1/8 turn, Close LF behind RF, Step RF fwd making 1/8 turn (Steps 6-8 form a semi-circle moving towards 6:00) □ 6:00

S2: SWEEP, CROSS, BACK, BALL-SIDE ¼ TURN, SWAY, SWAY, BEHIND, SIDE, CROSS, ROCK, RECOVER, SPIRAL ¾ TURN

1-2 Sweep LF in front to cross over RF, Step back onto RF □ 6:00
&3-4 Step LF to L side making ¼ turn L (sway), Sway hips to R, Sway hips to L □ 3:00
5&6 Step RF behind LF, Step LF to L side, Step RF across LF □ 3:00
7&8 Rock LF to L side, Recover onto R foot, Spiral ¾ turn L (weight on RF) □ 6:00

S3: STEP FORWARD, MAMBO FORWARD WITH SWEEP, SAILOR ¼ TURN, SAILOR ½ TURN, STEP ¼ TURN

1-2&3 Allow weight to fall onto LF into a big step fwd, Rock fwd onto RF, Recover onto LF, Step back onto RF while sweeping LF out □ 6:00
4&5 Step LF Behind RF making ¼ turn L, Step RF to R, Step Lf to L side □ 3:00
6&7 Make ½ turn R while sweeping RF around to step behind LF, Step Lf to L side, Step RF to R side □ 9:00
8 Make ¼ turn L stepping fwd on LF □ 6:00

S4: STEP FORWARD, TOUCH, COASTER STEP, MAMBO ½ TURN, 1½ TURN, STEP BACK

1-2 Step fwd onto RF, Touch L Toe behind RF (bend knees and angle body to 4.30)

RESTART HERE ON WALLS 2 AND 4 □ 6:00

3&4 Step back on LF, Step RF beside LF, Step fwd onto LF □ 6:00
5&6 Rock fwd onto RF, Recover onto LF, Make ½ turn R stepping fwd onto RF □ 12:00
&7&8 Make ½ turn R stepping back onto LF, Make ½ turn R stepping Fwd onto RF, Make ½ turn R stepping back onto LF, Step back onto RF

Easier alternative: Replace counts &7&8 with 4 small runs back stepping L,R,L,R □ 6:00

Start Again!

TAG: Performed at the end of Wall 3 facing 6:00

TS1: STEP BACK, MAMBO STEP BACK, ROCK FORWARD, RECOVER, SIDE, ROCK BACK, RECOVER, SIDE, ROCK FORWARD, RECOVER

1-2& Step back onto LF, Rock back onto RF, Recover onto LF □ 6:00
3-4& Step fwd onto RF, Rock fwd onto LF, Recover onto RF □ 6:00
5-6& Step LF to L side, Rock back onto RF, Recover onto LF □ 6:00
7-8& Step RF to R side, Rock fwd onto LF, Recover onto R □ 6:00

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