Wasted Time

拍数: 32

级数: Intermediate WCS

编舞者: David Linger (FR) - April 2016

音乐: Wasted Time - Keith Urban : (Album: Wasted Time - Single, track 1)

** In Memory of "Tata Mo" aka Maureen Jessop **

Start of dance : after 2x8 counts, on the word « coming » at 10 seconds...« The rain is COMing down tonight...»

Walks, Out-Out, R Kick, & Cross Triple, ¼ Turn Right with R Rock Forward, Recover on L, ½ Turn Right & R Step Forward

| 1 – 2 | 2 walks (R-L) forward |
|-------|---|
| & 3 | Step R (out) to the right side, step L (out) to the left side |
| 4 | Kick R forward to the right diagonal (body facing the right diagonal 1:30) |
| & | Step R (on the ball) next to L and slightly backward |
| 5&6 | Step L cross in front of R, step R to the right side, step L cross in front of R |
| 7 & 8 | $^{1\!\!4}$ turn right (3:00) and step R (rock) forward, recover on L, $^{1\!\!2}$ turn right (9:00) and step R forward |

Walks, Out-Out, L Kick, & Cross Triple, ¼ Turn Left with L Rock Forward, Recover on R, ½ Turn Left & L Step Forward

| 1 – 2 | 2 walks (L-R) forward |
|-------|--|
| & 3 | Step L (out) to the left side, step R (out) to the right side |
| 4 | Kick L forward to the left diagonal (body facing the left diagonal 7:30) |
| & | Step L (on the ball) next to R and slightly backward |
| 5&6 | Step R cross in front of L, step L to the left side, step R cross in front of L |
| 7 & 8 | $\frac{1}{4}$ turn left (6:00) and step L (rock) forward, recover on R, $\frac{1}{2}$ turn left (12:00) and step L |
| | forward |

Restart : on wall 4, facing 3:00, start the dance from the beginning

Syncopated R Rocking Chair, Walks, Heel Grind 1/2 Turn Right, R Step Beside L, L Point, 1/4 Turn Left, R Point

- 1 & 2 & Rock forward on R, recover on L, rock back on R, recover on L
- 3 4 2 walks (R-L) forward
- 5 & 6 Step R (on the heel) forward, 1/2 turn right (6:00) and step L back, step R next to L
- 7 & 8 Point L to the left side, 1/4 turn left (3:00) and step L next to R, point R to the right side

R Kick, R Cross, L Side Rock, L Kick, L Cross, R Side Rock, R Kick, R Back, L Toe Strut, Swivel with 1/2 Turn Right

- & 1 & 2 Kick R to the left diagonal, step R cross in front of L, rock to the left side on L, recover on R
- & 3 & 4 Kick L to the right diagonal, step L cross in front of R, rock to the right side on R, recover on L
- 5 & 6 & Kick R forward, step R back, step L (on the ball) forward, drop heel L on the floor
- 7 & 8 On the balls, swivel heels to the left side, return to the center, swivel again heels to the left by making ½ turn right (9:00) (weight on L)

BE COOL, SMILE & HAVE FUN !!!

Contact : www.david-linger.fr





墙数:4