

Dance For Love

COPPER KNOB
BY STEPHANIE

拍数: 64 墙数: 4 级数: Phrased Improver
编舞者: Ivy Tang (MY) & Stephanie Lim (MY) - April 2016
音乐: Dance For Love (为爱起舞) - Meng Mian Ge (蒙面哥)



Intro: 32 Counts From The Beginning Of Music (App. 18 Seconds Into Track.) Dance Start On R Foot (Anti Clock Wise)

SOD: Intro A A B A Tag A A B A B Tag2 B Tag(16C)

Intro/Tag: 32 Counts

I/T(1-8) (SIDE TOGETHER X2) TO R

1 2 3 4 Step RF To R(1), Hold(2), Step LF Beside RF(3), Hold(4)
5 6 7 8 Repeat 1 2 3 4 Weight On RF (12:00)

I/T(9-16) (SIDE TOGETHER X2) TO L

1 2 3 4 Step LF To L(1), Hold(2), Step RF Beside LF(3), Hold(4)
5 6 7 8 Repeat 1 2 3 4 Weight On LF (12:00)

I/T(17-24) Toe Strut Forward with Hip Bump R L R L

1 2 Touch R Toe Forward With Hip Bump (1), Step RF Down(2)
3 4 Touch L Toe Forward With Hip Bump (3), Step LF Down(4)
5 6 Repeat 1 2
7 8 Repeat 3 4 (12:00)

I/T(25-32) Toe Strut Backward R L R L

1 2 Touch R Toe Behind LF (1), Step RF Down(2)
3 4 Touch L Toe Behind RF (3), Step LF Down(4)
5 6 Repeat 1 2
7 8 Repeat 3 4 (12:00)

Part A : 32 Counts

A(1-8)(CROSS BACK, DIAGONAL BACK CHA CHA) R & L

1 2 Cross RF Over LF(1), Step LF Back(2)
3&4 Step RF Back(3), Lock LF In front RF(&), Step RF Back(4) Diagonal R Back
5 6 Cross LF Over RF(5), Step RF Back(6)
7&8 Step LF Back(7), Lock RF In front LF(&), Step LF Back(8) Diagonal L Back (12:00)

A(9-16) TOUCH FORWARD, SIDE, STEP FORWARD, TOUCH SIDE, FORWARD, SIDE, FORWARD CHA CHA

1 2 Touch R Toe Forward(1), Touch R Toe To R(2)
3 4 Step RF Forward(3), Touch L Toe To L(4),
5 6 Touch L Toe Forward(5), Touch L Toe To L(6)
7&8 Step LF Forward(7), Lock RF Behind LF(&), Step LF Forward(8) (12:00)

A(17-24) PIVOT ¼ L TURN, FORWARD CHA CHA, BACK, TOGETHER, FORWARD CHA CHA

1 2 Step RF Forward(1), ¼ L Turn Recover On LF(2)
3&4 Step RF Forward(3), Lock LF Behind RF(&), Step RF Forward(4)
5 6 Step LF Back(5), Step RF Beside LF(6)
7&8 Step LF Forward(7), Lock RF Behind LF(&), Step LF Forward(8) (9:00)

A(25-32) (DIAGONAL SIDE TOUCH, DIAGONAL FORWARD CHA CHA)X2

1 2 Step RF To Diagonal R(1), Touch L Toe Beside RF(2) Diagonal R
3&4 Step LF Forward(3), Lock RF Behind LF(&), Step LF Forward(4) Diagonal L
5 6 Repeat 1 2
7&8 Repeat 3&4 (9:00)

Part B : 32 Counts

B(1-8)FOUR STEP CHA CHA, (DIAGONAL FORWARD CHA CHA) L&R

1 2 Rock RF Back(1), Recover On LF(2)
3 4 Touch R Toe Beside LF(3), Step RF Forward(4)
5&6 Step LF Forward(5), Lock RF Behind LF(&), Step LF Forward(6) Diagonal L
7&8 Step RF Forward(7), Lock LF Behind RF(&), Step RF Forward(8) Diagonal R (12:00)

B(9-16) ROLLING VINE TO L & R

1 2 ¼ L Turn Step LF Forward(1), ½ L Turn Step RF Back(2)
3 4 ¼ L Turn Step LF To L(3), Touch R Toe To R(4)
5 6 ¼ R Turn Step RF Forward(1), ½ R Turn Step LF Back(2)
7 8 ¼ R Turn Step RF To R(7), Touch L Toe To L(8) (12:00)

B(17-24)FOUR STEP CHA CHA, (DIAGONAL BACKWARD CHA CHA) R&L

1 2 Rock LF Forward(1), Recover On RF(2)
3 4 Touch L Toe Beside RF(3), Step LF Back(4)
5&6 Step RF Back(5), Lock LF In Front RF(&), Step RF Back(6) Diagonal L
7&8 Step LF Back(7), Lock RF In Front LF(&), Step LF Back(8) Diagonal R (12:00)

B(25-32)ROCK BACK RECOVER, SIDE CHA CHA, ¼ L TURN ROCK RECOVER, SIDE CHA CHA

1 2 Rock RF Back(1), Recover On LF(2)
3&4 Step RF To R(3), Step LF Beside RF(&), Step RF To R(4)
5 6 ¼ L Turn Rock LF Back(5) Recover On RF(6)
7&8 Step LF To L(7), Step RF Beside LF(&), Step LF To L(8) (9:00)

Tag2: 4 Counts

T2(1-4) PIVOT 1/2 L TURN , TOUCH, HOLD

1 2 3 4 Step RF Forward(1), ½ L Turn Recover On LF(2), Touch R Toe Beside LF(3), Hold(4)

Ending Tag: Do 16 Counts Only & Pose

E(1-8) (SIDE TOGETHER X2) TO R

1 2 3 4 Step RF To R(1), Hold(2), Step LF Beside RF(3), Hold(4)
5 6 7 8 Repeat 1 2 3 4 Weight On RF (12:00)

E(9-16) (SIDE TOGETHER X2) TO L

1 2 3 4 Step LF To L(1), Hold(2), Step RF Beside LF(3), Hold(4)
5 6 7 8 Repeat 1 2 3 4 Weight On LF (12:00)

Strike An Ending Pose!!!

Enjoy!!! Happy Dancing. No Dancing ~~~ No Life~~~

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22nd April 2016 Friday**
