

Come On Down

COPPER KNOB
BY SHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Brenda Little - April 2016
音乐: Come on Down - High Valley



(Also Works Well With 'Rude By The Group Magic' But Will Be A slower dance. See note at bottom for count in, restart and variations)

On wall 4, step in place for 8 counts then Restart dance

Count in 8, start dancing when percussion starts

FORWARD SHUFFLE RIGHT, SHUFFLE LEFT, SHUFFLE RIGHT, SHUFFLE LEFT

1&2 Step forward Right foot, step Left foot to Right heel, step Right foot forward
3&4 Step forward Left foot, step Right foot to Left heel, step Left foot forward
5&6 Step forward Right foot, step Left foot to Right heel, step Right foot forward
7&8 Step forward Left foot, step Right foot to Left heel, step Left foot forward

BACKWARD SHUFFLE RIGHT, SHUFFLE LEFT, SHUFFLE RIGHT, SHUFFLE LEFT

1&2 Step back on Right foot, step Left foot to Right toe, step Right foot back
3&4 Step back on Left foot, step Right foot to Left toe, step Left foot back
5&6 Step back on Right foot, step Left foot to Right toe, step Right foot back
7&8 Step back on Left foot, step Right foot to Left toe, step Left foot back

MAMBO RIGHT, MAMBO LEFT, MAMBO RIGHT, MAMBO LEFT

1&2 Step side Right foot, lift Left foot and replace it back down on same place, step Right foot back next to Left
3&4 Step side Left foot, lift Right foot and replace it back down on same place, step Left foot back next to Right
5&6 Step side Right foot, lift Left foot and replace it back down on same place, step Right foot back next to Left
7&8 Step side Left foot, lift Right foot and replace it back down on same place, step Left foot back next to Right

WALK FORWARD RIGHT, LEFT, RIGHT, LEFT

1 Walk forward Right foot
2 Walk forward Left foot
3 Walk forward Right foot
4 Walk forward Left foot

¼ TURN LEFT ON RIGHT FOOT, STEP IN PLACE LEFT, RIGHT, LEFT

1 Step ¼ turn Left with Right foot
2 Step in place Left foot
3 Step in place Right foot
4 Step in place Left foot

RESTART DANCE

On wall 4 continue stepping in place (may stylize using sways, hip bums etc.) for 8 counts then Restart.

Note: If dancing to RUDE, it will be a slower dance, count in 16 then start dancing with the start of the percussion.

On Wall 3, continue stepping in place (sway, hip bums etc) 8 counts then Restart dance. As this tune has a reggae beat, it lends itself easily to stylizing for example adding a Left full turn on count 3 4 of the WALK section or WALKING with attitude so please have fun with it!

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