

Solo Amor

拍数: 48 墙数: 4 级数: Easy Intermediate
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音乐: Solo Quiero Amarte - Vela : (amazon and iTunes)



Part A: 32 counts (4 walls) Part B: 16 counts on 6 o'clock and 12 o'clock walls only
Repeat Part B: Second time facing 12 o'clock (rap sequence)
Sequence: AAB x3 AAB AAB A(16)

Intro: 32 counts

PART A

A1. □ Walk, Walk, Shuffle Forward, Forward Rock, Shuffle 3/4 Turn

1-2 Walk forward right, left (Styling: Slightly cross right over left, left over right)
3&4 Shuffle forward stepping right-left-right
5-6 Rock forward on left. Recover onto right.
7&8 Shuffle 3/4 turn left stepping left-right-left.

A2. □ Side, Hold, Ball Cross, Side, Back Rock, Side, Behind, Sweep

1-2 Step right to right side. Hold.
&3-4 Step left beside right. Cross right over left. Step left to left side.
5-6 Rock back on right. Recover onto left.
7-8 Step right to right side. Cross left behind right lifting right into a sweep out and around left.

A3. □ Behind, 1/4 Turn, Shuffle Forward, Forward Rock, 1/4 Turn, Double Clap

1-2 Cross right behind left. Turn 1/4 left and step forward on left.
3&4 Shuffle forward stepping right-left-right
5-6 Rock forward on left. Recover onto right.
7&8 Turn 1/4 left and step left to left side. Double clap.

A4. □ Touch, Hold, & Touch, & Touch, & Touch, Hold, & Touch, & Touch, Together (This section travels back) Styling for this section: Bend knees with touches.

1-2 Touch right toe forward. Hold with finger snaps.
&3&4 Step slightly back on right. Touch left toe forward. Step slightly back on left. Touch right forward.
&5-6 Step slightly back on right. Touch left toe forward. Hold with finger snaps.
&7&8 Step slightly back on left. Touch right toe forward. Step slightly back on right. Touch left toe forward.
& Step left beside right

PART B

B1. □ Rock Forward, Coaster Step (or Full Triple), Side Rock, Cross Shuffle

1-2 Rock forward on right. Recover onto left.
3&4 Step back on right. Step left beside right. Step forward on right. (Alt: Full Triple Turn right)
5-6 Rock left to left side. Recover onto right.
7&8 Cross left over right. Step right to right side. Cross left over right.

B2. □ Side Rock, Behind-Side-Cross, Out, Out, Side, Hip Bump

1-2 Rock right to right side. Recover onto left.
3&4 Cross right behind left. Step left to left side. Cross right over left.
5-6 Step left to left side. Step right to right side.
7&8 Step left to left side. Bump right hip up, down. (weight on left)

REPEAT: Part B: second time facing 12 o'clock (rap sequence)

ENDING: Section 2, count 8, Sweep right 1/4 right turn to face front. Step right behind left and pose.

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