

Watch Me Do

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Eleni de Kok (NL), Daniel Trepas (NL) & Roy Verdonk (NL) - April 2016
音乐: Watch Me Do - Meghan Trainor



Intro: □ 16 counts from first beat in music (approx. 11 sec into track)

[1 – 8] □ Swivels R With Slide Together L, Sailor L, Syncopated Weave With R, Sweep R, Hitch R □

- 1 – 2 R to R side and turn toes out (1), turn R heel out (2) □ 12:00
3&4 Turn R toes out (3), Turn R heel out (&), Turn R toes out (4) (on counts 3&4 slide L towards R) □ 12:00
5&6 Cross L behind R (5), Step R to R side (&), Step L to L side (6) □ 12:00
6&7&8 Cross R behind L (&), Step L to L side and sweep R from side to front (7), Hitch R knee (8) □ 12:00

[9 – 16] □ Jazzbox R, Out/Out On Heels, In/In, Big Step Forward R, Step Forward L □

- 1 – 4 Cross R over L (1), Step L back (2), Step R to R side (3), Step L forward (4) □ 12:00
5&6& Step on R heel out (5), Step on L heel out (&), Step R back (6), Step L back (&) □ 12:00
7 – 8 A big step R forward (7), Step L forward (8) □ 12:00

[17 – 24] □ Step Forward R With 1/4 Turn L, Cross, Side, Syncopated Weave With R, Sweep L, Cross Behind □

- 1 – 4 Step R forward (1), ¼ turn L stepping L to L side (2), Cross R over L (3), Step L to L (4) □ 9:00
5&6& Cross R behind L (5), Step L to L (&), Cross R over L (6), Step L to L (&) □ 9:00
7 – 8 Cross R behind L & sweep L from front to back (7), Cross L behind R (8) □ 9:00

[25 – 32] □ Slides In A Box, Syncopated Sailor Steps R /L With 1/2 Turn L, Hitch □

- 1 – 2 ¼ turn R sliding R forward (1), ¼ turn R sliding L back (2) □ 3:00
3 – 4 ¼ turn R sliding R forward (3), ¼ turn R stepping L to L side (4) □ 9:00
5&6& Cross R behind L (5), Step L to L side (&), Step R to R side (6), Step L behind R (&) □ 9:00
7 & 8 ¼ turn L stepping R to R side (7), Step L forward (&), ¼ turn L hitching R Knee (8) □ 3:00

Tag : 8 count Tag after the 7th wall

[1-8] □ Slide With Hitch (4X) □

- 1 – 4 Slide R to R side (1), Hitch L knee (2), Slide L to L side (3), Hitch R knee (4)
5 – 8 Slide R to R side (5), Hitch L knee (6), Slide L to L side (7), Hitch R knee (8)

HAVE FUN AND WE ARE LOOKING TO DANCE WITH YOU AGAIN!