

Bailo Cha Cha

拍数: 96
编舞者: Beate Keller (DE) - April 2016
音乐: Bailo! - Cecilia Gayle : (iTunes)

级数: Phrased Intermediate cha cha



Sequence: A-A-B-A-A-A-B-A-C-B-B-A-A [repeats: B4 to B6, C2]

PART A (32 COUNTS)

A1: SIDE TOGETHER, STEP DIAG FWD, LOCK STEP DIAG FWD, ROCK STEP, RECOVER, CHASSÉ DIAG BACK.

1 2 3 RF step side right(1), LF step together(2), RF step left diag fwd(3) (10.30)
4 & 5 LF step left diag fwd(4), RF lock behind LF(&), LF step left diag fwd(5)
6 7 RF rock left diag fwd(6), LF recover(7) (10.30)
8 & 1 RF step right diag back(8), LF step next to RF(&), RF step right diag back(1)

A2: BACK ROCK 1/8 TURN R, RECOVER, WALK FWD L & R, POINT, STEP BACK, CHASSÉ BACK.

2 3 LF rock back and 1/8 turn right(2) (12.00), RF recover(3)
4 5 LF walk fwd(4), RF walk fwd(5)
6 7 LF point fwd(6), LF step back(7)
8 & 1 RF step back(8), LF step next to RF(&), RF step back(1)

A3: BACK ROCK 1/8 TURN R, RECOVER, LOCK STEP DIAG FWD, ROCK STEP, RECOVER, CHASSÉ DIAG BACK.

2 3 LF rock back and 1/8 turn right(2) (1.30), RF recover(3)
4 & 5 LF step right diag fwd(4), RF lock behind LF(&), LF step right diag fwd(5)
6 7 RF rock right diag fwd(6), LF recover(7) (1.30)
8 & 1 RF step left diag back(8), LF step next to RF(&), RF step left diag back(1)

A4: ROCK SIDE L, RECOVER, CHASSÉ IN PLACE, STEP ½ TURN L, RECOVER, CHASSÉ R.

2 3 LF 1/8 turn left and rock side left(2) (12.00), RF recover(3)
4 & 5 LF step next to RF(4), RF step in place(&), LF step in place(5)
6 7 RF step fwd and ½ turn left(6), LF recover(7) (6.00)
8 & RF step side right(8), LF step next to RF(&)

PART B (2X24 COUNTS)

B1: SIDE, CROSS TURN ¾ R, RECOVER, CHASSÉ L ¼ RIGHT, CROSS TURN ¾ L, RECOVER, CHASSÉ R ¼ TURN L.

1 2 3 RF step side right(1), LF cross over RF and ¾ turn right(2), RF recover(3)
4 & 5 LF ¼ turn right and step side left(4), RF step next to LF(&), LF step side left(5)
6 7 RF cross over LF and ¾ turn left(6), LF recover(7)
8 & 1 RF ¼ turn left and step side right(8), LF step next to RF(&), RF step side right(1) (12.00)

B2: STEP ½ TURN R, RECOVER, LOCK STEP FWD, STEP ½ TURN L, RECOVER, LOCK STEP FWD.

2 3 LF step fwd and ½ turn right(2), RF recover(3)
4 & 5 LF step fwd(4), RF lock behind LF(&), LF step fwd(5)
6 7 RF step fwd and ½ turn left(6), LF recover(7)
8 & 1 RF step fwd(8), LF lock behind RF(&), RF step fwd(1) (12.00)

B3: ROCKING CHAIR, SIDE, TOUCH, SIDE, TOGETHER

2 3 4 5 LF rock fwd(2), RF recover(3), LF rock back(4), RF recover(5)
6 7 LF step side left(6), RF touch next to LF(7)
8 & RF step side right(8), LF step next to RF(&) (12.00)

