Don't You Feel Good

拍数: 32

级数: High Beginner

编舞者: Annemaree Sleeth (AUS) - April 2016

音乐: Don't It Feel Good - Home Free : (Album: Country Evolution - iTunes)

SPLIT FLOOR TO FEEL GOOD BY SHANE MCKEEVER

Intro Dance Starts On 16 Counts - DANCE ROTATES LEFT

Sec 1 [1 – 8] FWD RECOVER, SHUFFLE BACK, BACK, RECOVER, FWD, POINT

- 1 2 Rock R Fwd, Recover L
- 3 &4 Step R Back, Step L together, Step R Back
- 5 6 Rock L Back, Recover R
- 7 8 Step L Forward, Point R Toe Side

Sec 2 [9 - 16] CROSS, SIDE, R SAILOR, CROSS SIDE, BEHIND, SIDE, SLIGHTLY CROSS

- 1 2 Cross R Over L, Step L Side,
- 3 &4 Step R Behind L, Step L Side, Step R Side
- 5 6 Cross L Over R, Step R Side,
- 7& 8 Step L Behind R, Step R Side, Cross L Slightly Forward

#Restarts Here During Wall 4 F.3.00 & Wall 10 F 12.00 Add Tag

Sec 3 [17 – 24] SIDE, RECOVER, CROSS, HOLD, TOGETHER, CROSS, HOLD, TOGETHER, CROSS SHUFFLE

- 1 2 Rock R Side, Recover L
- 3 4 Cross R Over L, Hold (Snap Fingers On Holds)
- &5 6 Step On Ball Of L Together, Cross R Over L, Hold
- & Step On Ball Of L Together,
- 7 &8 Cross R Over L, Together Cross R Over L

Sec 4 [25 – 32] SIDE, RECOVER, L SAILOR, BACK, RECOVER, STEP R FWD, ¼ L PIVOT

- 1 2 Rock L Side, Recover R,
- 3 &4 Step L Behind R, Step R Side, Step L Side,
- 5 6 Step R Back, Recover L
- 7 8 Step R Fwd R, Pivot ¼ L 🗆 (9.00)

Tag Added After Restart Wall 10 F. 12.00

1 - 4 R ROCKING CHAIR

Ending Dance Ends To The Front, STEP R FORWARD ARMS OUT TO SIDES

Youtube Site : Annemaree Sleeth. Contact : Inlinedancing@gmail.com

Last Update - 27th April 2016





墙数: 4