

Don't You Feel Good

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Annemaree Sleeth (AUS) - April 2016
音乐: Don't It Feel Good - Home Free : (Album: Country Evolution - iTunes)



SPLIT FLOOR TO FEEL GOOD BY SHANE MCKEEVER

Intro Dance Starts On 16 Counts - DANCE ROTATES LEFT

Sec 1 [1 – 8] FWD RECOVER, SHUFFLE BACK, BACK, RECOVER, FWD, POINT

1 – 2 Rock R Fwd, Recover L
3 & 4 Step R Back, Step L together, Step R Back
5 – 6 Rock L Back, Recover R
7 – 8 Step L Forward, Point R Toe Side

Sec 2 [9 – 16] CROSS, SIDE, R SAILOR, CROSS SIDE, BEHIND, SIDE, SLIGHTLY CROSS

1 – 2 Cross R Over L, Step L Side,
3 & 4 Step R Behind L, Step L Side, Step R Side
5 – 6 Cross L Over R, Step R Side,
7 & 8 Step L Behind R, Step R Side, Cross L Slightly Forward

#Restarts Here During Wall 4 F.3.00 & Wall 10 F 12.00 Add Tag

Sec 3 [17 – 24] SIDE, RECOVER, CROSS, HOLD, TOGETHER, CROSS, HOLD, TOGETHER, CROSS SHUFFLE

1 – 2 Rock R Side, Recover L
3 – 4 Cross R Over L, Hold (Snap Fingers On Holds)
& 5 – 6 Step On Ball Of L Together, Cross R Over L, Hold
& Step On Ball Of L Together,
7 & 8 Cross R Over L, Together Cross R Over L

Sec 4 [25 – 32] SIDE, RECOVER, L SAILOR, BACK, RECOVER, STEP R FWD, ¼ L PIVOT

1 – 2 Rock L Side, Recover R,
3 & 4 Step L Behind R, Step R Side, Step L Side,
5 – 6 Step R Back, Recover L
7 – 8 Step R Fwd R, Pivot ¼ L □ (9.00)

Tag Added After Restart Wall 10 F. 12.00

1 - 4 R ROCKING CHAIR

Ending Dance Ends To The Front, STEP R FORWARD ARMS OUT TO SIDES

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Last Update - 27th April 2016