

I Found A Girl

拍数: 32 墙数: 4 级数: Beginner
编舞者: Lesley Miller (UK) - April 2016
音乐: I Found a Girl - The Vamps



Intro: 8 counts - No Tags or Restarts

Section 1: □ Rumba, chasse

1&2 3&4 Step RF to R side, close L to R, step forward RF, step LF to L, close R to L, step LF to L

Section 2: □ Rock step ¼ turn R, shuffle LF

5&6 7&8 Rock RF backwards, replace LF, step RF ¼ R, step LF forward, close RF to L, step LF forward

Section 3: □ 2 night club basic steps

1 2& 3 4& Long step RF to R side, rock LF backwards behind R, replace RF, Long step LF to L side, rock RF backwards behind L, replace LF

Section 4: □ 7 step weave

5&6&7&8 Step RF to R side, cross LF behind R, Step RF to R side, cross LF in front of R, Step RF to R side, cross LF behind R, Step RF to R side

Section 5: □ 2 Cross rock steps

1&23&4 Cross rock LF over R, replace RF, step LF to L side, Cross rock RF over L, replace LF, step RF to R side

Section 6: □ 2 Cross rock steps with ¼ R

5&6 7&8 Cross rock LF over R, replace RF, step LF to L side, Cross rock RF over L, replace LF, step RF forward ¼ to R

Section 7: □ Shuffle, ½ mambo □

1&23&4 Step LF forward, Close RF to L, step LF forward, Step RF forward, turn body ½ turn L, step forward RF

Section 8: □ ½ turn mambo, 2 paddles ¼ ½ turn L

5&6 7&8 Step LF forward, turn body ½ turn R, step forward LF, Step forward RF, ¼ turn L, step forward RF ½ L

ENJOY!

Contact: l_miller@btopenworld.com

Last Update - 15th May 2016