

# Humble And Kind

**COPPER KNOB**  
BY STEPSHEETS

拍数: 48                      墙数: 2  
编舞者: Gail Smith (USA) - February 2016  
音乐: Humble and Kind - Tim McGraw

级数: Intermediate waltz



**INTRO: 48 Counts - Begin on vocals - ( NO Tags or Restarts )**  
You start & end facing the wall. The rest of the dance is to the corners.

## S1: FWD, SWEEP, FWD, SWEEP

1-2-3                      Step L fwd, sweep R fwd  
4-5-6                      Step R fwd, sweep L fwd

## S2: 1/2 of FALL AWAY DIAMOND ( to the Left )

1-2-3                      Step L across R, step R back diagonal, step L back -□□□□ 10:30  
4-5-6                      Step R behind L, step L to side, step R fwd to diagonal -□□□ 7:30

## S3: FWD, SWEEP, FWD, SWEEP

1-2-3                      Step L fwd, sweep R fwd -□□□□□□□□ 7:30  
4-5-6                      Step R fwd, sweep L fwd

## S4: 1/2 of FALL AWAY DIAMOND ( to the Left )

1-2-3                      Step L across R, step R back diagonal, step L back -□□□□ 4:30  
4-5-6                      Step R behind L, step L to side, step R fwd to diagonal -□□□ 1:30

## S5: MODIFIED 1/2 MONTEREY TURN

1-2-3                      Step L fwd, point R toes to side, HOLD  
4-5-6                      Turn 1/2 R and step R together, point L toes to side, HOLD -□□ 7:30

## S6: REPEAT - MONTEREY TURN

1-2-3                      Step L fwd, point R toes to side, HOLD  
4-5-6                      Turn 1/2 R and step R together, point L toes to side, HOLD -□□ 1:30

## S7: FWD, LIFT, BACK, DRAG

1-2-3                      Step L fwd, slowly lift R extending leg and point toes ( low lift )  
4-5-6                      Large step back with R, slowly drag L back and next to R foot, HOLD

## S8: TURNING 1/8, 1/2, BACK, BACK, DRAG

1                              Turn 1/8 and step L fwd - squaring up to the wall -□□□□ 12:00  
2-3                              Turn 1/2 and step R back, step L back -□□□□□□ 6:00  
4-5-6                              Step R back, drag L toes up next to R foot, HOLD

**START AGAIN**

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