

Your Man Is Not A God (男人不是神)

(zh)

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Phrased Improver
编舞者: Amy Yang (TW) - 2016年04月
音乐: Your Man Is Not A God (男人不是神) - Chen Xi (晨熙)



Intro : 64 counts - Sequence of dance : A A B B / A A A A / B B B B / A

PART A - 32 counts

Sec. A1: SYNCOPATED WEAVE L, MAMBO(L&R)

1-2, 3&4 Cross RF over LF, Step LF to L, Cross RF behind LF, Step LF to L, Cross RF over LF
5&6,7&8 Step LF to L, Recover onto RF, Step LF beside RF, Step RF to R, Recover onto LF, Step RF beside LF
1-2, 3&4 右足交叉左足前, 左足左踏, 右足交叉左足後, 左足左踏, 右足交叉左足前
5&6,7&8 左足左踏, 重心回右足, 左足併於右足旁, 右足右踏, 重心回左足, 右足併於左足旁

Sec. A2: SYNCOPATED WEAVE R, MAMBO(R&L)

1-2, 3&4 Cross LF over RF, Step RF to R, Cross LF behind RF, Step RF to R, Cross LF over RF
5&6,7&8 Step RF to R, Recover onto LF, Step RF beside LF, Step LF to L, Recover onto RF, Step LF beside RF
1-2, 3&4 左足交叉右足前, 右足右踏, 左足交叉右足後, 右足右踏, 左足交叉右足前
5&6,7&8 右足右踏, 重心回左足, 右足併於左足旁, 左足左踏, 重心回右足, 左足併於右足旁

Sec. A3: WALK FORWARD, FORWARD SHUFFLE(R&L)

1-2,3&4 Walk forward on RF、LF, Step RF forward, Lock LF behind RF, Step RF forward
5-6,7&8 Walk forward on LF、RF, Step LF forward, Lock RF behind LF, Step LF forward
1-2,3&4 右足前走, 左足前走, 右足前踏, 左足鎖於右足後, 右足前踏
5-6,7&8 左足前走, 右足前走, 左足前踏, 右足鎖於左足後, 左足前踏

Sec. A4: KICK TWICE, TRIPLE STEP, KICK TWICE, SAILOR 1/4 TURN L

1-2,3&4 Kick RF over LF, Kick RF forward R diagonal, Triple step in place stepping RF、LF、RF
5-6,7&8 Kick LF over RF, Kick LF forward L diagonal, 1/4 turn L step back on LF, Step RF beside LF, Step LF to L(09:00)
1-2,3 &4 右足踢左足前, 右足踢右斜前, 原地三步踏(右足、左足、右足)
5-6,7&8 左足踢右足前, 左足踢左斜前, 左轉 1/4 左足退踏, 右足併於左足旁, 左足左踏(09:00)

PART B - 32 counts

Sec. B1: HEEL, HOOK, HEEL, FLICK, FORWARD SHUFFLE (x2)

1 & 2& Touch RF heel forward, Hook RF over LF, Touch RF heel forward, Flick RF to R
3 & 4 Step RF forward, Lock LF behind RF, Step RF forward
5 & 6& Touch LF heel forward, Hook LF over RF, Touch LF heel forward, Flick LF to L
7 & 8 Step LF forward, Lock RF behind LF, Step LF forward
1 & 2& 右足腳跟前點, 右足勾左足前, 右足腳跟前點, 右足輕彈右側
3 & 4 右足前踏, 左足鎖於右足後, 右足前踏
5 & 6& 左足腳跟前點, 左足勾右足前, 左足腳跟前點, 左足輕彈左側
7 & 8 左足前踏, 右足鎖於左足後, 左足前踏

Sec. B2: FORWARD, RECOVER, COASTER(R&L)

1-2, 3&4 Step RF forward, Recover onto LF, Step RF back, Step LF beside RF, Step RF forward
5-6, 7&8 Step LF forward, Recover onto RF, Step LF back, Step RF beside LF, Step LF forward
1-2, 3&4 右足前踏, 重心回左足, 右足後踏, 左足併於右足旁, 右足前踏

5-6, 7&8 左足前踏,重心回右足,左足後踏,右足併於左足旁,左足前踏

Sec. B3: FORWARD, PIVOT 1/2 TURN L, FORWARD SHUFFLE, FORWARD, PIVOT 1/2 TURN R, FORWARD SHUFFLE

1-2,3&4 Step RF forward, Pivot 1/2 turn L stepping on LF, Step RF forward, Lock LF behind RF, Step RF forward

5-6,7&8 Step LF forward, Pivot 1/2 turn R stepping on RF, Step LF forward, Lock RF behind LF, Step LF forward

1-2,3&4 右足前踏,左轉 1/2 左足踏,右足前踏,左足鎖於右足後,右足前踏

5-6,7&8 左足前踏,右轉 1/2 右足踏,左足前踏,右足鎖於左足後,左足前踏

Sec. B4: FORWARD, PIVOT 1/4 TURN L, CROSS SHUFFLE, FORWARD, RECOVER, COASTER

1-2,3&4 Step RF forward, Pivot 1/4 turn L step on LF, Cross RF over LF, Step LF to L, Cross RF over LF

5&6,7&8 Step LF forward, Recover onto RF, Step LF back, Step RF beside LF, Step LF forward

1-2, 3&4 右足前踏,左轉 1/4 左足踏,右足交叉左足前,左足左踏,右足交叉左足前

5&6,7&8 左足前踏,重心回右足,左足後踏,右足併於左足旁,左足前踏

Start again

Ending : During wall 13, after 30 counts. Then Step LF back, Step RF beside LF, Step LF forward

結束: 在第十三面牆, 跳到第30拍, 然後左足後踏, 右足併於左足旁, 左足前踏

Have Fun & Happy Dancing!

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