

# Hell And High Water

拍数: 32      墙数: 4      级数: Improver  
编舞者: Etere Betty George (NZ) - April 2016  
音乐: Hell and High Water - T. Graham Brown



Start 16 counts in on vocals

[1-8] □ Step R Fwd, Step L Fwd-Step R Tog-Step L Fwd-Recover, ½ Turn Triple Step, ¼ Pivot

1                    Step R Fwd  
2&3 - 4            Step L Fwd, step R together, step L Fwd, recover on R  
5&6                Turn ½ left & triple step L.R.L.  
7-8                Step R fwd, ¼ pivot left [3.00]

[9-16] □ Cross, Side Chasse, Rock Back-Recover ¼ Pivot-Cross-Side

1                    Cross R over L  
2&3                Step L to side, step R beside L, step L to side,  
4-5                Rock back on R, recover on L  
6&7 - 8            Step R fwd, ¼ pivot left, cross R over L, step L to side □ [12.00]

[17-24] □ Cross-Recover, ½ Turn Triple Step, Step Fwd, Kick Ball Change-Rock Fwd

1-2                Cross R over L, recover on L  
3&4                Turn ½ right & triple step R.L.R.  
5                    Step L fwd  
6&7 - 8            Kick R fwd, step on ball of R, step L fwd, Rock fwd on R □ [6.00]

[25-32] □ Recover- ½ Turn, ¾ Turn, Rock Fwd-Recover, Coaster Step

1-2                Recover on L , turn ½ right & step R fwd  
3-4                Turn ½ right & step L back, turn ¼ right & step R to right side

[Easy Option – 1-2, 3-4 : Recover on L, turn ¼ right & step R to side, cross L over R, step R to side]

5-6                Rock fwd on L, recover on R  
7&8                Step L back, step R next to L, step L fwd [9.00]

Tag: At the end of Wall 3 – [you'll be facing 3.00] - add the following 8 counts

Side, Cross & Cross, Side [x2]

1-2&3-4            Step R to side, cross L over R, step R to side, cross L over R, step R to side  
5-6&7-8            Step L to side, cross R over L, step L to side, cross R over L, step L to side

Ending: At end of Wall 8 – dance counts 1-6 - then do a slow ½ pivot left to face the front – step R to side, drag L to R.

Contact: [eteresnr@gmail.com](mailto:eteresnr@gmail.com)