

How Ya Get So Fly

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: John Huffman (USA) - March 2016
音乐: Sugar (feat. Francesco Yates) - Robin Schulz : (Album: Sugar)



Alternate Country music, Head Over Boots by Jon Pardi (Album: Head over Boots)

Intro: Dance starts after 64 cts for Sugar, 16 cts for Head over Boots, after he has sung "I wanna sweep you off your FEET ", Weight on R

Vine, 1/4 Rock, Recover, Back, Shuffle 1/4

1-2 1) Step L behind R 2) Step R to side
3-4 3) Step L across R 4) Turn 1/4 R rock R fwd
5-6 5) Recover to L 6) Step R back
7&8 7) Turn 1/4 L step L to side &) Step R to L 8) Step L to side (12:00)

Syncopated weave, 1/4 step, Hold, Ball-Rock, Recover

1-2 1) Step R across L 2) Step L to side
3&4 3) Step R behind L &) Step L to side 4) Step R across L
5-6 5) Turn 1/4 L step L fwd 6) Hold (Styling: Body roll up from waist during 5)
&7-8 &) Ballstep R fwd 7) Rock L fwd 8) Recover to R (9:00)

Sugar-Restart here during wall 5

Head Over Boots-Tag/Restart here during wall 7

Shuffle Back, Shuffle 1/2, Shuffle 1/2, Rock, Recover

1&2 1) Step L back &) Step R to L 2) Step L back
3&4 3) Turn 1/4 R step R to side &) Step L to R 4) Turn 1/4 R step R fwd
5&6 5) Turn 1/4 R step L to side &) Step R to L 6) Turn 1/4 R step L back
7-8 7) Rock R back 8) Recover to L (9:00)

R hip bump, L hip bump, Syncopated jazz box, Side

1&2 Bump hips 1) Right &) Left 2) Right
3&4 Bump hips 3) Left &) Right 4) Left
5-6& 5) Step R across L 6) Step L back &) Step R to L
7-8 7) Step L across R 8) Step R to side (9:00)

Sugar-After 16 cts of wall 5, restart dance from beginning

Wall 5 starts facing 12:00, you will be facing 9:00 when the restart happens

Head Over Boots-After 16 cts of wall 7 dance the following tag then Restart dance from beginning

Tag:-□

1&2 Shake hips L,R,L
3&4 Shake hips R,L,R (weight to R) restart facing 3:00

Repeat, Have Fun

Contact: jthuffman62@yahoo.com