

Fingers & Toes

拍数: 32 墙数: 4 级数: Beginner
编舞者: Rob McKean (CAN) - March 2016
音乐: Boots Or Hearts - The Tragically Hip



Kick Ball Step, Kick Ball Step, Hip Bumps, Toe Touch, Unwind

1&2 Kick R foot forward, step on ball of R, step forward on L
3&4 Kick R foot forward, step on ball of R, step forward on L
5&6& Bump right hip forward and back right twice,
7-8 Touch R toe back, unwind ½ turn right onto R

Kick Ball Step, Kick Ball Step, Hip Bumps, Turning Strut

9&10 Kick L foot forward, step on ball of L, step forward on R
11&12 Kick L foot forward, step on ball of L, step forward on R
13&14 Bump left hip forward and back left twice
15-16 Make a ¼ turn left onto L toe, step down on L

Cross Over, Side Step, Sailor Step, ½ Shuffle Turn, ¼ Shuffle Turn

17-18 Cross R over L, step side left
19&20 Cross R behind L, rock side left, recover on R
21&22 Make a ½ turn left stepping L-R-L
23&24 Make a ¼ turn left stepping R-L-R

Cross Behind, 1/4 Turn, Shuffle, Dorothy Step, Step, Touch Behind

25-26 Cross L behind R, make a ¼ turn right stepping forward on R
27&28 Shuffle forward stepping L-R-L
29 – 30& Step forward on R, lock L behind R, step forward on R
31-32 Step forward on L, touch R toe behind L

Repeat

Last Update - 14th April 2016
