

Back In Baby's Arms

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Beginner
编舞者: Rosie Multari (USA) - April 2016
音乐: Back In Baby's Arms - Patsy Cline : (amazon.com, iTunes)



No Tags, No Restarts

Start after 16 counts, just before vocals and you'll shuffle back on the word "back"

[1-8] □ □ □ ROCK FORWARD, SHUFFLES BACK, ROCK BACK

1, 2 Rock forward on R, recover weight on L
3&4, 5&6 Shuffle back R, L, R, Shuffle back L, R, L
7, 8 Rock back on R, recover weight on L

[9-16] □ □ □ SKATES, SHUFFLE, ROCKIN' CHAIR

1, 2 Skate (short slide) on R, L moving forward
3&4 Shuffle forward R, L, R
5-8 Rock forward on L, recover weight on R, rock back on L, recover weight on R

[17-24] □ □ □ ROCK FORWARD, SHUFFLES BACK, ROCK BACK

1, 2 Rock forward on L, recover weight on R
3&4, 5&6 Shuffle back L, R, L, Shuffle back R, L, R
7, 8 Rock back on L, recover weight on R

[25-32] □ □ □ SKATES, SHUFFLE ¼ TURN, ROCKIN' CHAIR

1, 2 Skate (short slide) on L, R moving forward
3&4 Shuffle forward L, R, L while turning ¼ to left
5-8 Rock forward on R, recover weight on L, rock back on R, recover weight on L

Smile and Begin again!

***Choreographer's note: To create a true Beginner Dance, I chose to ignore the 12 count instrumental break and dance through it.**

This is essentially a mirrored dance, using the same step pattern for both right & left leads.

It can be taught as a one wall dance by omitting the ¼ turn and keeping the steps smaller as you shuffle back each time.

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