Country Raise

拍数: 48

级数: High Improver

编舞者: Stella Kim (KOR) - April 2016

音乐: Raised on It - Sam Hunt

INTRO: 16 counts

SEQUENCE: Intro-32-Tag1-48-32-Tag2-48-32-48-48-48

SEC 1: SIDE, ROCK BACK, RECOVER, VINE 1/4 TURN L, 1/2 TURN L WITH BACK, COASTER STEP INTO FORWARD SHUFFLE

- 1-2& RF side, LF rock back, RF recover
- 3-4& LF side, RF cross behind, 1/4 turn L with LF forward
- 5-6& 1/2 turn to L with RF back, LF back, RF together
- 7&8 LF forward, LF together, LF forward(3:00)

SEC 2: FORWARD, 1/4 PIVOT TURN R, FORWARD MAMBO, (OUT, OUT, IN, IN) x2,

- 1-2& RF forward, LF forward, pivot 1/4 turn R
- 3&4 LF rock forward, RF recover, LF back

&5&6 RF out, LF out, RF in(slightly back), LF in(slightly back)

&7&8 Repeat upper step(6:00)

(OPTION: On the count &5-8, you will move your arms to same direction as your feet and snap your finger on the count 5,6,7,8)

SEC 3: BACKWARD MAMBO, HITCH, FORWARD SHUFFLE, 1/4 TURN L WITH HITCH, SIDE SHUFFLE, 1/2 TURE R WITH HITCH, SIDE SHUFFLE, HITCH

- 1&2 RF rock back, LF recover, RF forward at the same time LF hitch
- 3&4 LF forward, RF together, LF forward at the same time 1/4 turn L with RF hitch
- 5&6 RF side, LF together, RF side at the same time 1/2 turn R with LF hitch
- 7&8 LF side, RF together, LF side at the same time RF hitch(9:00)

SEC 4: ROCK BACK, RECOVER, HEEL&HEEL&, JAZZ BOX, CROSS SHUFFLE

- 1-2 RF rock back, LF recover
- 3&4& RF forward heel touch, RF together, LF forward heel touch, LF together
- 5-6& RF cross over LF, LF back, RF side
- 7&8 LF cross over RF, RF side, LF cross over RF(3:00) **Restart here

SEC 5: R ROLLING VINE, JAZZ BOX, CROSS SHUFFLE, 1/2 TURN L CROSS SHUFFLE

- 1-2& 1/4 turn R with RF forward, 1/2 turn R with LF back, 1/4 turn R with RF side
- 3-4& LF cross over RF, RF back, LF side
- 5&6 RF cross over LF, LF side, RF cross over LF at the same time 1/2 turn L
- 7&8 LF cross over RF, RF side, LF cross over RF(3:00)

SEC 6: DOROTHY X2, RF 1/2 PADDLE TURN L

- 1-2& RF diagonal forward, LF lock behind, RF diagonal forward
- 3-4& LF diagonal forward, RF lock behind, LF diagonal forward
- 5&6& 1/8 turn L with RF side touch, RF hitch, 1/8 turn L with RF side touch, RF hitch
- 7&8& Repeat upper step(9:00)
- (NOTE: When you are doing on 5-8 counts, you push the your weight to R side in each side touch step)

TAG 1(8 counts): SWAY X4, JAZZ BOX, CROSS SHUFFLE

- 1-4 sway(R, L, R, L)
- 5-6& RF cross over LF, LF back, RF side
- 7&8 LF cross over RF, RF side, LF cross over RF





墙数:4

TAG 2(4 counts): SWAY X4 1-4 sway(R, L, R, L)

RESTART On the 1st, 3rd, 5th wall, you should dance until 32 counts and start again.

Contact ~ E-MAIL: sktelkmh@naver.com – http://www.youtube.com/user/thetrianglelinedance