

About Dixie

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Lynda Summers (CAN) - March 2016
音乐: Is It True What They Say About Dixie - Max Bygraves



INTRODUCTION

The instrumental introduction has 64 counts. After the first 16 counts, add :

- 1-4 Make 2 CW circles with right hand (like washing a window).
- 5-8 Make 2 CCW circles with left hand.
- 9-12 Twist right (heels, toes, heels), hold.
- 13-16 Twist left (heels, toes, heels), hold.

MAIN DANCE

Sec 1: [1-8] SLOW CHARLESTON

- 1,2 Touch R toe forward, hold
- 3,4 Step R back, hold.
- 5,6 Touch L toe back, hold.
- 7,8 Step L forward, hold.

Sec 2: [9-16] SLOW CHARLESTON

- 1-8 Repeat above Sec 1 (1-8).

Sec 3: [17-24] TOUCH, FLICK, TOUCH, FLICK

- 1,2 Touch ball of R beside L, flick R back.
- 3,4 Repeat above counts 1,2.

(elbows up, right fingers over left, look right)

COASTER STEP, HOLD

- 5,6 Step R back, step L beside R.
- 7,8 Step R forward, hold.

Sec 4: [25-32] TOUCH, FLICK, TOUCH, FLICK

- 1,2 Touch ball of L beside R, flick L back.
- 3,4 Repeat above counts 1,2.

(elbows up, left fingers over right, look left)

COASTER STEP, HOLD

- 5,6 Step L back, step R beside L.
- 7,8 Step L forward, hold.

Sec 5: [33-40] SKATE, HOLD, SKATE, HOLD

- 1,2 Skate R diagonally right forward, hold.

(right palm turns out at hip)

- 3,4 Skate L diagonally left forward, hold

(left palm turns out at hip)

FWD, RECOVER, SIDE (1/4 right), HOLD

- 5,6 Step R forward, recover back onto L.
- 7,8 Turn 1/4 right (R to side). hold. (3:00)

Sec 6: [41-48] TWO FOOT CIRCLES (ccw)

- 1,2 Move L in a ccw circle in 2 counts.
- 3,4 Repeat above counts 1-2.

(left hand moves in 2 ccw circles, right hand moves in 2 cw circles)

COASTER STEP, HOLD

- 5,6 Step L back, step R beside L.
- 7,8 Step L forward.

Sec 7: [49-56] WALK (full right turn)

- 1,2 Step R forward turning 1/4 right, hold.
3,4 Step L forward turning 1/4 right, hold.
5-8 Take 4 quick steps (R,L,R,L) turning 1/2 right.

(on count 8, bend slightly and place hands on knees)

Sec 8: [57-64] FOUR of BEES KNEES

- 1,2 With knees bent (hands just above knees), bring knees together and have hands switch knees. Move knees apart (arms are crossed).
3,4 Bring knees together, switching hands, and move Knees apart (arms now not crossed).
5-8 Repeat counts 1-4.

START DANCE AGAIN

ENDING

The last wall is wall 8 (9:00).

At the end of the last verse, the singer will sing: "If it's true, that's where I belong."

On the last wall, dance the entire dance, but leave out the last count where on the word "true", you add these two Jazz boxes:

- 1,2 Cross step L over R, step R back.
3,4 Step L to left side, step R beside L.
5-7 Repeat above counts 1-3.
8 Point R toe forward & stretch right hand forward with left hand on left hip.

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