

Ready For Love

COPPERKNOB
BY STEPHEN

拍数: 32 墙数: 2 级数: Newcomer Polka
编舞者: Belén Márquez (ES) - March 2016
音乐: Ready for Love - Olly Murs



Intro: Start Dancing on Lyrics

(1-8)ROCK D FORWARD, SHUFFLE ½ R, ROCK I FORWARD, COASTER STEP

1-2 Rock Right Forward, Recover to Left
3&4 Turn ¼ R and Step Right Side, Step Left Together, Turn ¼ R and Step Right Forward
5-6 Rock Left Forward, Recover to Right
7&8 Step Left Back, Step Right Together, Step Left Forward

(9-16)STEP TURN, TRAVELING PIVOT, SYNCOPATED ROCKS FORWARD

1-2 Step Right Forward, Turn ½ L
3-4 Turn ½ L and Step Right Back, Turn ½ L and Step Left Forward
5-6 Rock Right Forward, Recover to Left
&7-8 Step Right Together, Rock Left Forward, Recover to Right

(17-24)WALK BACK, COASTER STEP, SWITCHES WITH FLICK AND TURN ¼ R

1-2 Step Left Back, Step Right Back
3&4 Step Left Back, Step Right Together, Step Left Forward
5&6 Point Right Toe to Side, Step Right Together, Point Left Toe to Side
&7-8 Step Left Together, Point Right Toe to Side, Flick Right behind Left making ¼ R

(25-32)SHUFFLES FORWARD, JAZZ BOX ¼ R

1&2 Step Right Forward, Step Left Together, Step Right Forward
3&4 Step Left Forward, Step Right Together, Step Left Forward
5-6 Cross Right Over Left, Step Left Back
7-8 Turn ¼ R and Step Right Forward, Step Left Forward

REPEAT

TAG 1 – At the End of Wall 4

ROCKING CHAIR

1-2 Rock Right Forward, Recover to Left
2-4 Rock Right Back, Recover To Left

TAG 2 – At The End of Wall 9

ROCKING CHAIR, JAZZ BOX

1-2 Rock Right Forward, Recover to Left
2-4 Rock Right Back, Recover To Left
5-6 Cross Right Over Left, Step Left Back
7-8 Step Right Side, Step Left Forward

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