

Untamed

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 2 级数: Newcomer ECS
编舞者: Belén Márquez (ES) - March 2016
音乐: Untamed - Cam



Intro: Start Dancing on Lyrics

(1-8) 2 HEEL TOUCH (R), BEHIND SIDE CROSS, 2 HEEL TOUCH (L), BEHIND, TURN ¼ R, STEP

1-2 Touch Right Heel to Side x 2
3&4 Cross Right Behind Left, Step Left Side, Cross Right Over Left
5-6 Touch Left Heel to Side x 2
7&8 Cross Left Behind Right, Turn ¼ Right and Step Right Forward, Step Left Forward

(9-16) MAMBO STEP, LOCK STEP BACK, WALK BACK, HOLD AND CLAPS

1&2 Rock Right Forward, Recover to Left, Step Right Back
3&4 Step Left Back, Cross Right Over Left, Step Left Back
5-6 Step Right Back, Step Left Back
7-8 Step Right Back, Hold (with 2 claps)

(17-24) STEP, CROSS, LOCK STEP FORWARD, STEP TURN, 3 HEEL BOUNCE

1-2 Step Left Forward, Cross Right Behind Left
3&4 Step Left Forward, Cross Right Behind Left, Step Left Forward
5-6 Step Right Forward, Turn ½ Left
7&8 3 Heel Bounce making ¼ Right

(25-32) SAILOR STEP (RIGHT & LEFT), SUGAR FOOT

1&2 Cross Right Behind Left, Step Left Side, Step Right Side
3&4 Cross Left Behind Right, Step Right Side, Step Left Side
5-6 Twist Right and Step Right Forward, Twist Left and Step Left Forward
7-8 Twist Right and Step Right Forward, Twist Left and Step Left Forward

(33-48) EAST COAST SWING BASICS (TURN ½ RIGHT)

1&2 Step Right To Side, Step Left Together, Step Right To Side
3&4 Step Left To Side, Step Right Together, Step Left To Side
5-6 Rock Right Back, Recover to Left
7&8 Turn ¼ Right And Step Right To Side, Step Left Together, Step Right To Side

1&2 Step Left To Side, Step Right Together, Step Left To Side
3-4 Rock Right Back, Recover to Left
5&6 Turn ¼ Right And Step Right To Side, Step Left Together, Step Right To Side
7&8 Step Left To Side, Step Right Together, Step Left To Side

REPEAT

TAG 1:-

FULL PADDLE TURN (WITH LASSO)

1-2 Step Right Forward, Turn ¼ Left
2-4 Step Right Forward, Turn ¼ Left
5-6 Step Right Forward, Turn ¼ Left
7-8 Step Right Forward, Turn ¼ Left

TAG 2:-

ROCKING CHAIR

1-2 Rock Right Forward, Recover To Left
2-4 Rock Right Back, Recover To Left

Wall 1 – At the end - TAG 1

Wall 2 – After count 32 - TAG 1 and Restart

Wall 3 – At The end - TAG 1 + TAG 2

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