

# Humble and Kind

COPPER KNOB  
STEPPERS

拍数: 48      墙数: 2      级数: Improver  
编舞者: Laura Alberico (USA) - April 2016  
音乐: Humble and Kind - Tim McGraw : (Album: Damn Country Music - deluxe edition)



Start after 48 counts

## Section 1: Left twinkle, cross, sweep

1-3      Cross left over right, step right side, step left next to right  
4-6      Cross right over left, sweep left from back to front (2 counts)

## Section 2: Left twinkle making ½ turn left, cross, touch

1-3      Cross left over right, turn ¼ left stepping right back, turn ¼ left stepping left side  
4-6      Cross right over left, touch left slightly to left diagonal, hold (6:00)

## Section 3: Cross, turn ¼ left, step back, big step back, drag

1-3      Cross left over right, turn ¼ left stepping right back, step left back (3:00)  
4-6      Big step back on right, drag left toward right (2 counts)

## Section 4: Step forward, touch, step back, touch

1-3      Step left forward, touch right next to left, hold  
4-6      Step right back, touch left next to right, hold

## Section 5: Run turning ¼ left, cross rock, step side

1-3      Run around turning ¼ left (left, right, left) (12:00)  
4-6      Cross rock right over left, recover left, step right side

## Section 6: Left twinkle, right twinkle

1-3      Cross left over right, step right side, step left next to right  
4-6      Cross right over left, step left side, step right next to left

## Section 7: Cross walk left, sweep, cross walk right, sweep

1-3      Cross left over right, sweep right from back to front (2 counts)  
4-6      Cross right over left, sweep left from back to front (2 counts)

## Section 8: Cross step, touch side, ½ turn right, touch side (monterey ½ turn)

1-3      Cross left over right, touch right side, hold  
4-6      Turn ½ right stepping right next to left, touch left side, hold (6:00)

\*Ending: Dance will finish facing front. Add a left twinkle and cross touch right over left.

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