

Young & Stupid

COPPERKNOB
BY STEPHEN

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Fred Whitehouse (IRE) & José Miguel Belloque Vane (NL) - April 2016
音乐: Young & Stupid (feat. T.I.) - Travis Mills : (Single)



Intro – 16 Counts, or 11 seconds from start of track - No Tags Or Restarts

[1 – 8] Walk x2, Boogie walk, Point, Cross push back, Ball cross, sweep

1,2 Step forward R, Step forward L
3&4 Step forward R (rolling R knee slightly right), Step forward L (rolling L knee slightly left, Touch R to right side
5,6 Cross R over L, Step back L (push hips back as you step back on L)
&7,8 Step R to right side, Cross L over R, Sweep R from back to front

[9 – 16] Weave L, Shoulder pops, L mambo step, Step flick ½ turn

1&2 Cross R over L, Step L to left side, Step R behind L
&3 Step L to left side, Cross R over L
&4 Lift R shoulder up as you drop L down, Lift L shoulder up as you drop R down
5&6 Rock L to left side, Recover weight R, Step L forward
7,8 Step forward R, Make ½ turn left stepping forward on L also flicking R behind (you will feel like a little hop on to L to make the flick) facing 6.00

[17 – 24] ½ turn shuffle, Coaster step, Samba step, Cross & together

1&2 Make ¼ turn left stepping R to right side, ¼ turn L crossing L over R, step back R
3&4 Step L back, Close R next to L, Step L forward
5&6 Cross R over L, Rock L to left side, Recover weight R
7&8 Cross L over R, Step R to right side, Close L next to R

[25 – 32] Cross, ¼ turn R, R coaster, Camel walks x3, Touch

1,2 Cross R over L, make ¼ turn right stepping back L
3&4 Step back R, Step L next to R, Step forward R
5,6 Step forward L popping R knee, Step forward R popping L knee
7,8 Step forward L popping R knee, Touch R to R side (3.00)

[33 – 40] Lock, Unwind, Rock & cross, Weave, Heel twists x2 making ½ turn R

1,2 Touch R behind L, Unwind full turn right ending with weight on R
3&4 Rock L to left side, recover weight R, Cross L over R
5,6 Step R to right side, Step L behind R,
&7 Step R to right side, make 1/8 turn right stepping forward L (facing diagonal)
&8 Twist R heel in making ¼ turn right, Twist L heel in making ¼ turn right (heel knocks making ½ turn) weight ends on L

[41 – 48] Walk x 2, Ball change x2, Cross, Step back, Shuffle or (Full turn)

1,2 Walk forward R,L (walk towards diagonal)
&3&4 Rock back on ball of R, Step in place on L, Rock back on ball of R, Step in place on L
5,6 Make 1/8 turn right crossing R over L, ¼ turn right stepping back L
7&8 Step R to right side, step L next to R, make ¼ turn right stepping forward R :
(Adv option: make ¼ turn right stepping forward R, make ½ turn right stepping back L, make ½ turn right stepping forward R)

[49 – 56] Rock recover, Touch & hold, Ball cross, Rock recover, Cross shuffle

1,2 Rock L forward, Recover weight R
&3,4 Step L next to R, Touch R heel forward, Hold

&5 Step R next to L, Cross L over R,
6&7 Rock R to right side, Recover weight L, Cross R over L
&8 Step L to left side, Cross R over L (7&8 is Crossing shuffle)

[57 – 64] Slide, Hold, Ball Cross, Step, ¼ Sailor step & step & step

1,2 Step L to L (large step) Hold, (slide to L dragging R heel)
&3,4 Step R next to L, Cross L over R, Step R to right side, (6.00)
5&6 Cross L behind R, make ¼ turn left stepping R next to L, step forward L
&7 Step R next to L, ¼ turn L stepping L forward,
&8 Step R next to L, ¼ turn L stepping L forward (9.00)

Start again - Enjoy

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