

Stitches

COPPER KNOB
STEPSHETS

拍数: 32 墙数: 4 级数: Ultra Beginner
编舞者: Debbie Small (USA) - April 2016
音乐: Stitches - Shawn Mendes : (CD: Handwritten)



Intro: Start after "you watch me" on the word "bleed" (count 1 of the first chorus)

SIDE TOGETHER, TOE STRUTS FORWARD 3X

1-2 Step right side, step left together
3-4 Step right toe forward, drop right heel
5-6 Step left toe forward, drop left heel
7-8 Step right toe forward, drop right heel

SIDE TOGETHER, TOE STRUTS FORWARD 3X

1-2 Step left side, step right together
3-4 Step left toe forward, drop left heel
5-6 Step right toe forward, drop right heel
7-8 Step left toe forward, drop left heel

ROCKING CHAIR, STEP PIVOT 1/4 LEFT

1-2 Rock right forward, recover left
3-4 Rock right back, recover left
5-6 Step right forward, hold
7-8 Turn ¼ left and step left forward, hold (9:00)

STEP TOUCH DIAGONALLY FORWARD, STEP TOUCH DIAGONALLY BACK 3X

1-2 Step right diagonally forward, touch left together
3-4 Step left diagonally back, touch right together
5-6 Step right diagonally back, touch left together
7-8 Step left diagonally back, touch right together

Optional: Clap on counts 2,4,6,8

Repeat

Contact: debdancinabc@yahoo.com