My Wildest Dreams



拍数: 32 编数: 2 级数: Easy Intermediate

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音乐: Wildest Dreams - Madilyn Bailey: (CD: The Cover Games)



#8 count intro - Start weight on L

BACK R, L, TURN 1/2 RIGHT, CROSS-SIDE-BEHIND, BEHIND-SIDE-CROSS, L SCISSORS

1-2 Step back R, L

3 Turn right ½ [6] stepping fwd R whilst sweeping L

4&5 Cross step L over R, step R to side, step L behind R whilst sweeping R

6&7 Step R behind L, step L to side, cross step R over L

8&1 Step L to side, close R, cross step L over R

SWAY R, L, RUMBA BOX, SIDE ROCK-RECOVER

2-3 Step to R swaying R, sway L (momentum will go right again with next step)

4&5 Step R to side, close L, step back R6&7 Step L to side, close R, step fwd L

8& Rock R to side, rec L

TOUCH, HITCH, NIGHTCLUB BASIC R, SIDE, SAILOR 1/2 RIGHT, TRIPLE 360 LEFT

1 Touch R home (optional styling, bend knees; keep wt L)

2 Straighten L knee (option: rise onto L toes) whilst hitching R into low figure 4 position **TART

3-4& Step right to side, rock back L, cross step R slightly over L

5 Step L to side

6&7 Sweep R into sailor turning right ½ [12] stepping RLR and ending R crossed over L

(Styling: bend knees slightly and torque shoulders right; think wind-up before the unwind)

8&1 Step LRL in place turning left 360, ending at [12] sweeping R

R SAMBA, L SAMBA, STEP-TURN 1/2-RUN-RUN-ROCK-RECOVER

2&3 Cross step R, rock L to side, rec R stepping slightly fwd
4&5 Cross step L, rock R to side, rec L stepping slightly fwd

6& Step fwd R, turn left ½ [6]

7& Small step fwd R, small step fwd L (little runs)

8& Rock fwd R, rec L

**TART (Tag + Restart) during 6th repetition, starting at [6]. Dance through the end of the second set, add this tag, then restart facing [12].

1-2 Touch R home, hitch R (you would have done this anyway; only the next counts are added)

3& Rock R to side, rec L4& Rock R fwd, rec L

Alternate tracks: Demons by Imagine Dragons; Break On Me by Keith Urban or Mixed Drinks About Feelings by Eric Church (for these two songs, either Restart after 16& during 3rd repetition or dance through).

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