

Oh My (喔 ~ 乖乖) (zh)

COPPER KNOB
STYLEDANCE

拍数: 32 墙数: 4 级数: Easy Intermediate
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音乐: Oh My! (feat. B.o.B) - Haley Reinhart



前奏 : 32 Count intro 32拍起跳

第一段 Walk Forward Right Left. & Walk. Walk. Forward Rock. Left Shuffle 1/2 Turn Left

- 1-2 Walk forward on Right. Walk forward on Left. 前走-右, 左
- &3-4 Step ball of Right beside Left. Walk forward on Left. Walk forward on Right. 右足併踏, 前走-左, 右
- 5-6 Rock forward on Left. Rock back on Right.
左足前下沉, 右足回復
- 7&8 Left shuffle 1/2 turn Left stepping Left. Right. Left. (Facing 6 o'clock) 左180度轉交換-左, 右, 左(面向6點鐘)

第二段 Paddle 1/4 Turn Left x 2. Right Cross Samba. Cross. Side. Left Sailor 1/4 Turn Left

- 1 Make 1/4 turn Left touching Right toe out to Right side.
左轉90度右足趾右點
- 2 Make 1/4 turn Left touching Right toe out to Right side. (Facing 12 o'clock) 左轉90度右足趾右點(面向12點鐘)
- 3&4 Cross step Right forward over Left. Rock Left to Left side. Recover weight on Right. 右足於左足前交叉踏, 左足左下沉, 右足回復
- 5-6 Cross step Left over Right. Long step Right to Right side.
左足於右足前交叉踏, 右足右一大步
- 7&8 Cross Left behind Right making 1/4 turn Left. Step Right beside Left. Step forward on Left.
左足於右足後交叉踏, 左轉90度右足併踏, 左足前踏

第三段 Out-Out. Back Rock & Side. Behind. Hold. & Left Cross Shuffle.

- 1-2 Step Right forward and out to Right side. Step Left out to Left Side. (Feet Shoulder Width Apart)
右足右前踏, 左足左踏(雙腳與肩同寬)
- 3&4 Rock back on Right. Rock forward on Left. Step Right to Right side.
右足後下沉, 左足回復, 右足右踏
- 5-6 Cross Left behind Right. Hold. (Weight on Left)
左足於右足後交叉下沉, 候(重心在左足)
- &7 Step ball of Right to Right side. Cross step Left over Right.
右足右踏, 左足於右足前交叉踏
- &8 Step Right to Right side. Cross step Left over Right. (Facing 9 o'clock)
右足右踏, 左足於右足前交叉踏(面向9點鐘)

第四段 Side Step Right. Drag. & Cross. & Heel Bounce. 2 x 1/4 Turns Right. Left Shuffle Forward

- 1-2 Long step Right to Right side. Drag Left towards and beside Right. (Weight on Right) 右足右一大步, 左足拖併(重心仍在右足)
- &3 Step ball of Left beside Right. Cross step Right over Left.
左足併踏, 右足於左足前交叉踏
- &4 Raise both heels off the floor. Drop both heels. (Weight on Right)
雙足踵抬起, 雙足踵踏(重心在右足)
- 5 - 6 Make 1/4 turn Right stepping back on Left. Make 1/4 turn Right stepping Right to Right side. 右轉90度左足後踏, 右轉90度右足右踏

7&8

Left shuffle forward stepping Left. Right. Left. (Facing 3 o'clock)
前交換步-左, 右, 左(面向3點鐘)
