

My Silver Lining

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Easy Intermediate
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音乐: My Silver Lining - First Aid Kit



Intro: 16 Count

S1: Kick ball, ¼ turn, Heel Jack, Rock step, Sailor ½ turn

1&2& Kick R, step R beside L, step L ¼ left fwd., step back R, (9)
3&4 Tap L heel diag. fwd., step L beside R, step cross R fwd. (9)
5-6-7&8 Rock L fwd., recover R, sweep L ½ turn left, step R beside L, step L fwd. (3)

S2: Syncopated Cross Rock step R-L, Side, Step ¼ turn left, Step, ½ turn, ¾ turn

1-2&3-4 Cross rock R over L, recover L, step R to side, cross rock L over R, recover R (3)
5-6 ¼ turn left stepping L fwd., step R fwd. (12)
7&8 ½ turn left, ½ turn left stepping R back, ¼ turn left stepping L to side (9)

S3: Syncopated Vive left, Step side, ¼ turn right Hook R, Lock step

1-2&3-4 Cross R over L, step L to side, R behind L, L to side, cross R over L (9)
5-6-7&8 Step L to side, ¼ turn right hook R, step R fwd., lock L behind R, step R fwd. (12)

S4: Step ½ turn, ½ turn, Back rocking chair, R coaster step

1-2&3-4 Step fwd. L, ½ turn right, ½ turn right, back rock R, recover L (12)
5-6-7&8 Rock fwd. R, recover L, step back R, step L beside R, step fwd. R (12)

Tag/Restart add '&' step L beside R

S5: Step ¼ right, heel Jack, ¼ ¼ turn left, Lock step

1-2& ¼ turn right stepping L fwd., cross R over L, step back L (3)
3&4 Tap R heel diag. fwd., step R beside L, cross L over R (3)
5-6-7&8 ¼ turn left stepping R back, ¼ turn left stepping L fwd., step R fwd., lock L behind, step R fwd. (9)

S6: Step L, Heel switches R-L, Step R, Swivel heels out-in, Kick ball step

1-2&3&4 Step L, tap R heel fwd., step R beside L, tap L heel fwd., step L beside R, step R fwd. (9)
5-6-7&8 Swivel heels out right, center heels, kick R, step R beside L, step L fwd. (9)

S7: Step R, Heel switches L-R, Step L, Swivel heels out-in, Kick ball step

1-2&3&4 Step R, tap L heel fwd., step L beside R, tap R heel fwd., step R beside L, step L fwd. (9)
5-6-7&8 Swivel heels out left, center heels, kick L, step L beside R, step R fwd. (9)

S8: Step ½ turn, ½ ½ ¼ turn right, Step back, Hook, Lock step

1-2& Step L fwd., ½ turn right, ½ turn right stepping L back (9)
3-4 ½ turn right stepping R fwd., ¼ turn right stepping L to side (6)
5-6-7&8 Step back R, hook L, step L fwd., step R behind, step L fwd. (6)

Bridge: on wall 3 (6) and 5 (12) skip sect. 4 dance bridge and continue from sect. 5.....

Syncopated Rock step L-R-L-R, Hold

1-2&3-4& Rock L fwd, recover R, step L beside R, Rock R fwd., recover L, step R beside L
5-6&7-8 Rock L fwd., recover R, step L beside R, Rock R fwd., Hold

Tag: wall 4 sect. 6 (9) Replace Kick ball step

Kick, ¼ step back, step fwd. L.

7&8 Kick R, ¼ right stepping R back, step fwd. L

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