

# My Silver Lining

**COPPER** KNOB  
STEPSHEETS

拍数: 64      墙数: 2      级数: Easy Intermediate  
编舞者: Dwight Birkjaer (DK) - April 2016  
音乐: My Silver Lining - First Aid Kit



## Intro: 16 Count

### S1: Kick ball, ¼ turn, Heel Jack, Rock step, Sailor ½ turn

1&2&      Kick R, step R beside L, step L ¼ left fwd., step back R, (9)  
3&4      Tap L heel diag. fwd., step L beside R, step cross R fwd. (9)  
5-6-7&8      Rock L fwd., recover R, sweep L ½ turn left, step R beside L, step L fwd. (3)

### S2: Syncopated Cross Rock step R-L, Side, Step ¼ turn left, Step, ½ turn, ¾ turn

1-2&3-4      Cross rock R over L, recover L, step R to side, cross rock L over R, recover R (3)  
5-6      ¼ turn left stepping L fwd., step R fwd. (12)  
7&8      ½ turn left, ½ turn left stepping R back, ¼ turn left stepping L to side (9)

### S3: Syncopated Vive left, Step side, ¼ turn right Hook R, Lock step

1-2&3-4      Cross R over L, step L to side, R behind L, L to side, cross R over L (9)  
5-6-7&8      Step L to side, ¼ turn right hook R, step R fwd., lock L behind R, step R fwd. (12)

### S4: Step ½ turn, ½ turn, Back rocking chair, R coaster step

1-2&3-4      Step fwd. L, ½ turn right, ½ turn right, back rock R, recover L (12)  
5-6-7&8      Rock fwd. R, recover L, step back R, step L beside R, step fwd. R (12)

### Tag/Restart add '&' step L beside R

### S5: Step ¼ right, heel Jack, ¼ ¼ turn left, Lock step

1-2&      ¼ turn right stepping L fwd., cross R over L, step back L (3)  
3&4      Tap R heel diag. fwd., step R beside L, cross L over R (3)  
5-6-7&8      ¼ turn left stepping R back, ¼ turn left stepping L fwd., step R fwd., lock L behind, step R fwd. (9)

### S6: Step L, Heel switches R-L, Step R, Swivel heels out-in, Kick ball step

1-2&3&4      Step L, tap R heel fwd., step R beside L, tap L heel fwd., step L beside R, step R fwd. (9)  
5-6-7&8      Swivel heels out right, center heels, kick R, step R beside L, step L fwd. (9)

### S7: Step R, Heel switches L-R, Step L, Swivel heels out-in, Kick ball step

1-2&3&4      Step R, tap L heel fwd., step L beside R, tap R heel fwd., step R beside L, step L fwd. (9)  
5-6-7&8      Swivel heels out left, center heels, kick L, step L beside R, step R fwd. (9)

### S8: Step ½ turn, ½ ½ ¼ turn right, Step back, Hook, Lock step

1-2&      Step L fwd., ½ turn right, ½ turn right stepping L back (9)  
3-4      ½ turn right stepping R fwd., ¼ turn right stepping L to side (6)  
5-6-7&8      Step back R, hook L, step L fwd., step R behind, step L fwd. (6)

### Bridge: on wall 3 (6) and 5 (12) skip sect. 4 dance bridge and continue from sect. 5.....

#### Syncopated Rock step L-R-L-R, Hold

1-2&3-4&      Rock L fwd, recover R, step L beside R, Rock R fwd., recover L, step R beside L  
5-6&7-8      Rock L fwd., recover R, step L beside R, Rock R fwd., Hold

### Tag: wall 4 sect. 6 (9) Replace Kick ball step

#### Kick, ¼ step back, step fwd. L.

7&8      Kick R, ¼ right stepping R back, step fwd. L

Contact: [dwrightgoldwing@gmail.com](mailto:dwrightgoldwing@gmail.com) - [dwright@thewilddanishgang.com](mailto:dwright@thewilddanishgang.com)

---