

You're My Love You're My Life

COPPER KNOB
BY SHEETS

拍数: 64 墙数: 4 级数: Intermediate
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音乐: You're My Love, You're My Life - Patty Ryan



Introduction : 32 counts

Sequence : 64/64/28/64/64/64/32

Sec 1 : □Rock, Recover, Together, Rock, Recover, Together, Back, Recover, 1/2 Turn Left, Shuffle Right Back

1-2& Rock RF to right side, recover onto LF, step RF beside LF
3-4& Rock LF to left side, recover onto RF, step LF beside RF
5-6 Rock RF back, recover onto LF
7&8 Make 1/2 turn left stepping RF back, step LF beside RF, step RF back

Sec 2 : □1/4 Turn Left, Side, Recover, Cross Shuffle, 1/4 Turn Left, Back, 1/4 Turn Left, Side, Cross Shuffle

1-2 Make 1/4 turn left stepping LF to left side, recover onto RF
3&4 Cross step LF over RF, step RF to right side, cross step LF over RF
5-6 Make 1/4 turn left stepping RF back, make 1/4 turn left stepping LF to left side
7&8 Cross step RF over LF, step LF to left side, cross step RF over LF

Sec 3 : □Kick Ball Cross x2, Side, 1/4 Turn Right, Forward, Shuffle Left Forward

1&2 Kick LF forward on left diagonal, step LF next to RF, cross step RF over LF
3&4 Repeat 1&2
5-6 Step LF to left side, make 1/4 turn right stepping forward on RF
7&8 Step LF forward, step RF beside LF, step LF forward

Sec 4 : □Right Samba, Left Samba, (Back Jump, Touch, Hip Bump) x2

1&2 Cross step RF over LF, step LF to left side, recover onto RF
3&4 Cross step LF over RF, step RF to right side, recover onto LF

Restart here in wall 3 after 28 counts

5&6 Jump back on RF, touch LF beside RF, bump hips right
7&8 Jump back on LF, touch RF beside LF, bump hips left

Sec 5 : □Cross Over, Side, Sailor Step Right, Cross Over, Side, 1/2 Turn Left, Sailor L

1-2 Cross step RF over LF, step LF to left side
3&4 Cross step RF behind LF, step LF to left side, step RF in place
5-6 Cross step LF over RF, step RF to right side
7&8 Cross step LF behind RF, make 1/2 turn left stepping RF next to LF, step RF in place

Sec 6 : □Forward, Touch Behind, Stomp Back & Kick x2, Shuffle Back Right, Coaster Left

1&2 Step RF forward, touch LF behind RF, stomp back on LF while kicking RF forward
3&4 Repeat 1&2
5&6 Step RF back, step LF next to RF, step RF back
7&8 Step LF back, step RF next to LF. step LF forward

Sec 7 : □(Cross Over, Side, Tap Heel, Together) x2, (Forward, Hip Bumps) x2

1&2& Cross step RF over LF, step LF to left side, tap right heel forward on right diagonal, step RF next to LF
3&4& Cross step LF over RF, step RF to right side, tap left heel forward on left diagonal, step LF next to RF
5&6 Step RF forward, bump hips right twice
7&8 Step LF forward, bump hips left twice

Sec 8 : □ Mambo Forward, Mambo Back, 3/4 Turn Left, Side Touch x4

1&2 Rock RF forward, recover onto LF, step RF next to LF

3&4 Rock LF back, recover onto RF, step LF next to RF

5-8 Make 3/4 left turn weighting on LF, touch RF to right side four times

Repeat dance and have fun !!

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