

# High Class

拍数: 32                      墙数: 4                      级数: Improver  
编舞者: Michael Metzger (USA) - April 2016  
音乐: High Class - Eric Paslay



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## [1-8] Body Roll Left, Body Roll Right, Step Together, Step Side, Touch In, Touch Out, Hold, Ball, Cross

- 1, 2                      Move right hand from right to left across chest leading shoulders to left and hips follow (weight to left foot) (go down into your knees – it's more fun!)
- 3, 4                      Move left hand from left to right across chest leading shoulders to right and hips follow (weight to right foot) (go down into your knees here too!)
- &5&6                      Step left foot together, Step right foot to side, Touch left foot together, Touch left foot to side
- 7&8                      Hold, Step ball of left foot together, Cross right over left

## [9-16] Scissors Step, Point, Touch Behind, Unwind, Wind, Point, Clap, Clap

- 1&2                      Step left foot to side, Step right foot together, Cross left over right
- 3, 4                      Point right foot to side, Touch right foot behind left
- 5, 6                      Unwind ½ to right taking weight to right foot (6:00), "Rewind" ½ left taking weight back to left foot (12:00)
- 7&8                      Point right foot to side, Clap, Clap

## [17-24] ¼ Pivot, ¼ Pivot, Rock, Recover, Step Together, Shuffle Forward

- 1, 2                      Step right foot forward, Pivot ¼ left and take weight to left foot (9:00)
- 3, 4                      Step right foot forward, Pivot ¼ left and take weight to left foot (6:00)
- 5, 6&                      Rock right foot forward, Recover to left foot, Step right foot together
- 7&8                      Shuffle forward left foot, right foot, left foot

## [25-32] Heel Dig with ¼ Turn, Coaster Step, Scuff, Hitch, Stomp, Heel Swivel, Heel Swivel

- 1, 2                      Step forward on right heel, Turn ¼ right and step left foot back (9:00)
- 3&4                      Step back on right foot, Step left foot together, Step right foot forward
- 5&6                      Scuff left foot forward, Hitch left foot next to right knee, Stomp left foot down (a bit wider than shoulder width)
- 7&8&                      Swivel right heel in, Swivel right heel out, Swivel left heel in, Swivel left heel out

**Restart: After sixteen counts on wall 2, Restart from the beginning.**

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Last Update - 8th June 2016

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