

# Wasted Time

COPPER KNOB  
BY STEPHEN HETS

拍数: 32      墙数: 4      级数: Beginner  
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音乐: Wasted Time - Keith Urban : (www.amazon.com)



#16 count intro.

## R SIDE ROCK – L REC- R CROSS SHUFFLE- R HINGE ¼- R HINGE ¼- L CROSS SHUFFLE

1-2            Rock right to right, recover left  
3&4            Cross shuffle right across left, stepping right, left, right  
5-6            Step left back making ¼ turn right, step right forward making ¼ right  
7&8            Cross shuffle left across right, stepping left, right, left

## SWAY R – SWAY L – SHUFFLE ¼ TURN R- L ROCK FWD- R REC- L COASTER

1-2            Sway hips right, sway hips left  
3&4            Shuffle right, left, right, making ¼ turn right  
5-6            Rock left forward, recover back right  
7&8            Step left back, step right next to left, step left forward

\*\*\* ( Re-start here on wall 4)

## WALK R- WALK L – R LOCK SHUFFLE FWD- STEP ½ R- STEP ½ R- L SHUFFLE FWD

1-2            Walk forward right, left  
3&4            Step forward right, lock left behind right, step right forward  
5-6            Step left ½ turn right, step right ½ turn right  
7&8            Shuffle forward left, right, left

( Easy option: 5-6 Walk left, right)

## R SIDE- L BEHIND- L HEEL JACK & R ACROSS- L SIDE- R BEHIND- R HEEL JACK & L ACROSS

1-2            Step right to right, step left behind right  
&3&4            Step back on right, touch left heel forward, step left next to right, step right across  
5-6            Step left to left, step right behind left  
&7&8            Step back on left, touch right heel forward, step right next to left, step left across right

**BEGIN AGAIN!!**

\*\*\*\* During wall 4, dance 16 counts, then begin the dance (Re-start) again facing front - 12:00 o'clock

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