

Stereotype

拍数: 64 墙数: 2 级数: Phrased Intermediate
编舞者: Kayla Cosgrove (USA) - April 2016
音乐: Stereotype - Samsaya



Intro: 32 Counts – Dance on Lyrics

Sequence: A, A, B, A, A, A-, A, A, B, A, A, A-, A, A, A, A

A: 32 counts

(A1) Long Step Back, Ball Step, Step, Point Cross, Point Cross

1,2,&3,4 Long Step back on R(1) Drag L in with L toes up(2) Step L next to R(&) Step R forward(3)
Step L forward(4)

5,6,7,8 Point R toes out to R(5) Cross R over L and slightly forward(6) Point L toes to L(7) Cross L
over R and slightly forward(8)

This section has you traveling forward. Facing 12 o'clock

(A2) ¼ Left Hitch Right, Step Right Side, Hips Right, Left, Right, Tap Left, Step ¼ Left, Hitch Right Making ½ Turn Left

1,2,3,4 Hitch R knee up as you make a ¼ L with weight on LF(1) Step R down and out to R(2) Bump
hips to R(3) Bumps hips to L(4)

Optional Styling: Add Elvis pops as you bump your hips

5,6,7,8 Step R to R(5) Tap L next to R(6) Step L forward making a ¼ Left(7) Hitch R knee up as you
make a ½ over L – weight stays on the ball of L Facing 12 o'clock

A- occurs here, after the ½ turn on walls 6 & 12 – Facing the front of the room each time. You will dance the above 16 counts; and immediately go into A with the long step back on R

(A3) Pony Right, Pony Left, Back Right, ¼ Left, Cross Step Right, Step Left Side

1&2, 3&4 Stepping slightly back on R angle, triple in place stepping R(1) L(&) R(2) Stepping slightly
back on L angle, triple in place stepping L(3) R(&) L(4)

5,6,7,8 Step R back(5) Make ¼ L stepping L to L(6) Cross R over L(7) Step L side(8) Facing 9
O'clock

(A4) Cross Rock Right Recover Left, Side Rock Right Recover Left, Back Rock Right Recover Left, Rock Right backing making a ¼ Left, Step Left Slightly Back.

1,2,3,4 Cross rock R over L(1) Recover to L(2) Side rock R to R(3) Recover to L(4)

5,6,7,8 Back rock R slightly behind L(5) Recover to L(6) ¼ L Stepping back on R(7) Step L slightly
back(8)

Styling: Give a little roll your hips as you do the rocks, counter clockwise

B: 32 counts

(B1) Step Right Side, Hold, Ball Side Right, Tap Left, Step Left Side, Hold, Ball Side Left, Tap,

1,2,&3,4 Step R to R(1) Hold(2)

Optional Styling: Hands down at sides, press chest to R side(1) Bring hips to R side(2) Step L to R(&) Step R to R(3) Tap L to R(4)

Optional Styling: When she sings "it is hot" fan your face □□□□□

5,6, &7,8 Step L to L(5) Hold(6)

Optional Styling: Hands down at sides, press chest to L side (5) Bring hips to L side(6) Step R to L(&) Step L to L(7) Tap R to L(8)

Optional Styling: When she sings "is it cold" shimmy!

(B2) Slow Jerk, Hip And Body Roll

1,2,3,4 Small Step R in place as you bring R arm from your R side up above your head(1) Step down
on R as you bring R arm back to R side(2) Tap L toes in place as you bring your L arm from
your L side up about your head(3) Step down on L as you bring your L arm down to L side(4)

6,5,7,8 With feet close together, weight on L press chest forward to R angle(5) circling to the L, return chest to start while pushing hips to R forward angle –sitting down into L LF(6) weight on L press chest forward to right angle(7) circling to L, return chest to start while pushing hips to R forward angle-sitting down into LF(8)

Styling note: Have your arms bent at the elbow, a little more than a 90 degree angle. As you roll your chest and hips, make a circular motion with your arms out in front of you; moving counter clockwise. Think “churn the butter” and have fun!

Repeat above 16 counts (B3) (B4)

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