

Chawki...

拍数: 32 墙数: 4 级数: Improver
编舞者: Stephen Gell (UK) - March 2016
音乐: Time of Our Lives - Chawki : (iTunes and Amazon UK)



Ending Stomp Right Foot Forward Arms Open Facing 12.00

**Alt Track Try Everything by Shakira 32 Count Intro. Album Zootropolis (Original Motion Picture Soundtrack)
(Total Track Length 3:17) 118 bpm Available On iTunes And Amazon UK**

Intro: 64 Counts From The Heavy Beat (0.37) – 32 Count Intro From (0.22)

[1 – 8] □ Right Dorothy, Left Dorothy, Rock, Recover, Right Coaster Step

1 – 2& Step right to right diagonal, Step left next to right, Step right to right side
3 – 4& Step left to left diagonal, Step right next to left, Step left to left side
5 – 6 Rock forward on right, Recover on left
7 & 8 Step right back, Step left next to right, Step right foot forward

[9 – 16] Step, ½ Turn Right, Triple Full Turn Right, Right Side Shuffle, Rock, Recover

1 – 2 Step left forward, Make ½ turn right
3 & 4 Triple full turn right: Stepping Left, Right, Left (weight on left 6.00)

Option: 3& 4 Left Shuffle Forward

5 & 6 Step right to right side, Step left next to right, Step right to right side
7 – 8 Rock back on left, Recover on right

[17 – 24] ¼ Left Shuffle, ¼ Right Shuffle, Rock, Recover, ¼ Shuffle Left

1 & 2 Make ¼ turn left, Step right next to left, Step forward left (3.00)
3 & 4 Make ¼ turn left stepping right to right side, Step left next to right, Step right next to right
(12.00)
5 – 6 Rock back on left, Recover right
7 & 8 Make ¼ turn left on left, Step right next to left, Step left forward (9.00)

[25 – 32] Step, ¼ Left, Right Cross Shuffle, Side Rock Left, Recover ¼ Right, Left Shuffle Forward

1 – 2 Step forward right, Make ¼ turn left (6.00)
3 & 4 Cross right over left, Step right next to left, Cross right over left
5 – 6 Rock left to left side, Recover right making a ¼ turn right (weight on right 9.00)
7 & 8 Step left forward, Step right next to left, Step forward left (weight on left)

Ending Stomp Right Foot Forward Arms Open Facing 12.00

Contact: steveg_star@hotmail.co.uk

Last Update - 15th May 2016