

So Fly

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Kate Henry (CAN) - March 2016
音乐: Sugar (feat. Francesco Yates) - Robin Schulz



Intro: 64 counts

Restart: During Wall 3, dance first 16 counts, changing ¼ Sailor to Rock-Recover, then start again.

S1: Rock-Recover, Coaster, ¼ Pivot, Cross Shuffle

1-2 Rock L forward (1) step R in place (2)
3&4 Step L back (3) step R beside L (&) Step L forward (4)
5-6 Step forward R (5) ¼ pivot L, wt on L (6)
7&8 Step R over L (7) step L side L (&) step R over L (8)

S2: Rock-Recover, Step, Rock-Recover, R Sailor, ¼ L Sailor

1-2& Rock L side L (1) Step R in place (2) step L beside R (&)
3-4 Rock R side R (3) step L in place (4)
5&6 Step R behind L (5) Step L beside R (&) step R side R (6)
7&8 Step L behind R (7) ¼ L Step R beside L (&) Step L forward (8)

*Restart here wall 3, changing ¼ L sailor to L rock back recover

S3: Step-Lock-Step, Step-Lock-Step, ½ Pivot, ½ Shuffle

1&2 Step R forward (1) Lock L behind R (&) Step R forward (2)
3&4 Step L forward (3) Lock R behind L (&) Step L forward (4)
5-6 Step R forward (5) ½ Pivot L, wt on L (6)
7&8 ¼ turn L, step R side R (7) step L beside R (&) ¼ turn L step back on R (8)

S4: Rock-Recover, Kick ball change, ¼ Cross box

1-2 Step L back (1) Step R in place (2)
3&4 Kick L forward (3) Step L back (&) Step R forward (4)
5-6 Step L over R (5) ¼ L Step R back (6)
7-8 Step L side L (7) Touch R beside L (8)

S5: Side-Behind, Rock-Recover, Step, Side-Behind, Rock-Recover, Step□

1-2 Step R side R (1) Step L behind R (2)
3&4 Rock R side R (3) Step L in place (&) Step R forward (4)
5-6 Step L side L (5) Step R behind L (6)
7&8 Rock L side L (7) Step R in place (&) Step L forward (8)

S6: Rock-Recover, Step, Rock-Recover, Shuffle, ½ Pivot

1-2& Rock R forward (1) Step L in place (2) Step R beside L (&)
3-4 Rock L back (3) Step R in place (4)
5&6 Step L forward (5) Step R beside L (&) Step L forward (6)
7-8 Step R forward (7) ½ Pivot L, wt on L (8)

S7: Shuffle, Rock-Recover, Shuffle, Rock-Recover

1&2 Step R forward (1) Step L beside R (&) Step R forward (2)
3-4 Rock L forward (3) Step R in place (4)
5&6 Step L back (5) Step R beside L (&) Step L back (6)
7-8 Rock R back (7) Step L in place (8)

S8: Vaudeville (moving forward), Rock-Recover, ½ Shuffle

1&2& Step R over L (1) Step L side L (&) R heel forward (2) Step R back (&)

3&4& Step L over R (3) Step R side R (&) L heel forward (4) Step L back (&
5-6 Rock R forward (5) Step L in place (6)
7&8 ¼ turn R, step R side R (7) step L beside R (&) ¼ turn R step forward on R (8)

Have fun!

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