

Rainy Night

拍数: 48 墙数: 4 级数: Phrased Improver
编舞者: Sebastiaan Holtland (NL) - March 2016
音乐: I Love a Rainy Night - Robert Mizzell : (CD: I Don't Want To Say Goodbye - iTunes & other mp3 sites)



Introduction: 16 counts, start on approx 07 sec.
Sequences: A,A, B,A, A,A, B,A, A,A, B,A, A,A, Ending.

Pattern A: 32 counts

A I. [1-8] Side Jump, Hold R-L, ¼ L, Side Jump, Hold R-L.

- &1-2 Small jump R to R, Touch L next to R, Hold.
- &3-4 Small jump L to L, Touch R next to L, Hold.
- &5-6 Making ¼ turn L (9) small jump R to R, Touch L next to R, Hold.
- &7-8 Small jump L to L, Touch R next to L, Hold.

A II. [9-16] Side, Together, Weave Left with ¼ L, ½ Pivot Turn L.

- 1-4 Step R to R, Step L next to R, Step R forward, Step L to L.
- 5-8 Step R behind L, Making ¼ turn L (6) step L forward, Step R forward, Pivot ½ turn L (12) onto L.

A III. [17-24] Toe Struts Fwd R-L, Rocking Chair R.

- 1-4 Step R forward on toes, Step R back in place, Step L forward on toes, Step L back in place.
- 5-8 Step R forward, Recover back onto L, Step R back, Recover back onto L.

A IV. [25-32] ½ Pivot Turn L, Step, Hold, Side Rock / Recover with Hip Moves, ¼ L, Touch.

- 1-4 Step R forward, Pivot ½ turn L (6) onto L, Step R forward, Hold.
- 5-8 Step L to L move hips to L, Move hips to R, Making ¼ turn L (3) step L back in place, Touch R next to L.

Pattern B: 16 counts

B I. [33-40] Lindy R, Lindy L ¼ R.

- 1&2 Step R to R, Step L beside R, step R to R.
- 3-4 Step L back, Recover back onto R.
- 5&6 Step L to L, step R beside L, Making ¼ turn R (9) step L back.
- 7-8 Step R back, Recover back onto L.

B II. [41-48] Side Lunge R, Together, Side Rock / Recover, Back Rock / Recover, Step, Together.

- 1-4 Lunge R to R, step L beside R, Step R to R, Recover onto L.
- 5-8 Step R back, Recover back onto L, Step R slightly big forward, Step L next to R weight onto L.

REPEAT DANCE AND HAVE FUN!!

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