

Somethings Got A Hold (zh)

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Improver
编舞者: Rob Fowler (ES) - 2011年01月
音乐: Something's Got a Hold On Me - Christina Aguilera : (CD: Burlesque Movie)



前奏 : Starts On Word Something (Approx 33 Seconds)

第一段 Right Kickball Step, Touch Side, Step, Right Kickball Step, Touch Side, Step

- 1&2 Kick Right Forward, Step Right Forward, Step Left Next To Right
右足前踢, 右足前踏, 左足併踏
- 3,4 Touch Right To Right Side, Step Right Next To Left
右足右點, 右足併踏
- 5&6 Kick Left Forward, Step Left Forward, Step Right Next To Left
左足前踢, 左足前踏, 右足併踏
- 7,8 Touch Left To Left Side, Step Left Next To Right
左足趾左點, 左足併踏

第二段 Step, Hold ½ Pivot Turn Left, Hold, Step, ½ Pivot Turn Left Kick Right Forward

- 1,2 Step Forward Right, Make ½ Pivot Turn Left, Hold
右足前踏, 候
- 3,4 Make ½ Pivot Turn Left, Hold 左軸轉180度, 候
- 5,6 Step Forward Right, Make ½ Pivot Turn Left
右足前踏, 左軸轉180度
- 7,8 Step Forward Right, Kick Forward Left 右足前踏, 左足前踢

第三段 Step Diagonally Back Left, Touch & Clap, Step Diagonally Back Right, Touch & Clap, Rolling Vine Left

- 1,2 Step Back Diagonally Left, Touch Right Next To Left Clap
左足斜角後踏, 右足併點(拍手)
- 3,4 Step Back Diagonally Right, Touch Left Next To Right Clap
右足斜角後踏, 左足併點(拍手)
- 5-8 Rolling Vine Left(Lrl), Touch Right Next To Left
左轉華倫(左, 右, 左), 右足併點

第四段 Side Chasse Right Rock Step, Side Chasse Left Rock Step

- 1&2 Right Side Chasse (Rlr) 右追步(右, 左, 右)
- 3,4 Rock Back Left, Recover Forward On Right
左足後下沉, 右足回復
- 5&6 Left Side Chasse (Lrl) 左追步(左, 右, 左)
- 7,8 Rock Back Right, Recover Forward On Left
右足後下沉, 左足回復

第五段 Right Grape Vine Cross, Side, Rock, Cross, Hold

- 1,2 Step Right To Right Side, Step Left Behind Right
右足右踏, 左足於右足後踏
- 3,4 Step Right To Right Side, Cross Left Over Right
右足右踏, 左足於右足前交叉踏

- 5,6 Step Right To Right Side, Recover Back To Left
右足右踏, 左足回復
- 7,8 Cross Right Over Left, Hold 右足於左足前交叉踏, 候

第六段 Rhumba Box Forward, Rhumba Box Backward

- 1,2 Step Left To Left Side, Step Right Next To Left
左足左踏, 右足併踏
- 3,4 Step Forward Left, Hold 左足前踏, 候
- 5,6 Step Right To Right Side, Step Left Next To Right
右足右踏, 左足併踏
- 7,8 Step Back Right, Hold 右足後踏, 候

第七段 Slow Left Coaster Step, Step ½ Pivot Turn Left, Step ¼ Pivot Turn Left

- 1,2 Step Back Left, Step Right Next To Left 左足後踏, 右足併踏
- 3,4 Step Forward Left, Hold 左足前踏, 候
- 5,6 Step Forward Right, Make ½ Turn Left 右足前踏, 左轉180度
- 7,8 Step Forward Right, Make ¼ Turn Left 右足前踏, 左轉90度

第八段 Right Box Step, Jump Forward Clap & Back Clap

- 1,2 Cross Right Over Left, Step Back Left
右足於左足前交叉踏, 左足後踏
- 3,4 Step Right To Right Side, Cross Left Over Right
右足右踏, 左足於右足前交叉踏
- &5,6 Jump Forward Right, Left, Clap 前跳-右, 左, 拍手
- &7,8 Jump Back Right, Left, Clap 後跳-右, 左, 拍手
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