

Goldmine

拍数: 32 墙数: 2 级数: Beginner
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音乐: Goldmine - George Fox



intro 16 counts

Dedicated to my husband, Mikael Erlandsson, alias LD Crazy Mike

Section 1: Kick. Kick. Coaster Step. Kick. Kick. Coaster Step.

1-2 Kick right forward. Kick right forward.
3&4 Step back on right. Step left beside right. Step forward on right.
5-6 Kick left forward. Kick left forward.
7&8 Step back on left. Step right beside left. Step forward on left.

Section 2: Step. 1/2 Turn left. Step. Together. Modified Knee Pop x 2.

1-2 Step forward on right. Turn 1/2 left.
3-4 Step forward on right. Step left beside right.
5 Push both knees forward and out by lifting the heels off floor.
6 Straighten knees and take heels back to the floor.
7 Push both knees forward and out by lifting the heels off floor.
8 Straighten knees and take heels back to the floor.

Section 3: Right Chasse. Heel. Hook. Heel. Left Chasse. Heel. Hook. Heel.

1&2 Step right to right. Close left beside right. Step right to right.
3&4 Touch left heel forward. Hook left over right. Touch left heel forward.
5&6 Step left to left. Close right beside left. Step left to left.
7&8 Touch right heel forward. Hook right over left. Touch right heel forward.

Section 4: V-Steps. Step. 1/2 Turn left. Step. 1/2 turn left.

1-2 Step forward widely on right. Step forward widely on left.
3-4 Step back on right. Step left beside right.
5-8 Step forward on right. Turn 1/2 left. Step forward on right. Turn 1/2 left.

Easy Option: Replace step Turns (5-8) with Rocking chair.

Styling: Wave Good Bye when they sing Good bye when you do the knee pops.