

# 200%

拍数: 32      墙数: 4      级数: Improver  
编舞者: Pooi Kuan (MY) - March 2016  
音乐: 200% by Akdong Musician (AKMU)



Dance starts after 16 counts

**Section 1: □ Kick Ball Side Touch 2x, Charleston**

1 & 2      Kick RF, Step on ball on RF, Touch LF to L  
3 & 4      Kick LF, Step on ball on LF, Touch RF to R  
5 6      Touch right toes forward, step back on right,  
7 8      Touch left toe back, Step LF forward

**Section 2: □ Cross, Side, Sailor Step, Cross Side Sailor 1/2 Turn**

1 2 3&4      Cross RF over LF, Step LF to L, Step RF behind, Step LF beside RF, Step RF to R  
5 6      Cross LF over RF, Step RF to R,  
7 & 8      1/4L Turn Step LF behind RF, Step RF beside LF, Step LF Forward

**Section 3: □ R Slide, Kick ball touch, L Slide Kick ball touch**

1 2      Step RF to R (Slide), Touch LF beside RF  
3 & 4      Kick LF, Step on ball on LF, Step on RF touch LF beside RF  
5 6      Step LF to L (Slide), Touch RF beside LF  
7 & 8      Kick RF, Step on ball on RF, Step on LF touch RF beside LF

**Section 4: Jazz Box ¼ Turn, Bend Knee 4x**

1 2 3 4      Cross RF over LF, Step LF Back, 1/4R Turn Step RF to R, Step LF beside RF  
5 6 7 8      Bend knees 4 times

Restarts at wall 4 (9:00):

Dance for 16 counts and Restart at Wall 5 (3.00)

Ending: At Wall 10 (6.00) dance after 24 counts (12.00), do the Jazz Box on spot without ¼ turn (12.00), Continue bend knee 4 counts and dance last 8 counts (section 1) for ending.

~~~ Enjoy! ~~~

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