

Snowflake (zh)

COPPER KNOB
STYLEDANCE

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Simon Ward (AUS) - 2010年11月
音乐: Last Christmas - Cascada : (CD: Last Christmas)



前奏 : Dance starts on vocals, Can be done as a Contra Linedance 唱歌起跳, 也可以以Contra型態對跳

第一段 Cross/Rock, Rock Back, Shuffle To Right, Cross/Rock, Rock Back, Shuffle To Left

- 1-2 Cross/rock right over left, Rock/recover weight back on left
右足於左足前交叉下沉, 左足回復
- 3&4 Step right to right side, Step left beside right, Step right to right side 右足右踏, 左足併踏, 右足右踏
- 5-6 Cross/rock left over right, Rock/recover weight back on right
左足於右足前交叉下沉, 右足回復
- 7&8 Step left to left side, Step right beside left, Step left to left side 左足左踏, 右足併踏, 左足左踏

第二段 Rock/Step Fwd, Rock Back ½ Turn, Shuffle Fwd Right, Fwd ½ Turn, Back, Coaster Step

- 1-2 Rock/step right forward, Turn a ½ turn right as you rock weight back on left 右足前下沉, 左足回復右轉180度
- 3&4 Step right forward, Step left beside right, Step right forward
右足前踏, 左足併踏, 右足前踏
- 5-6 Turn a ½ turn right stepping forward on left, Step back on right
右轉180度左足前踏, 右足後踏
- 7&8 Step left back, Step right beside left, Step left forward
左足後踏, 右足併踏, 左足前踏

第三段 Right Heel Strut, Left Heel Strut, Jazz Box ¼ Turn Right

- 1-2 Touch right heel forward, Slap right toe down and step onto right
右足踵前點, 右足趾踏
- 3-4 Touch left heel forward, Slap left toe down and step onto left
左足踵前點, 左足趾踏
- 5-6 Cross/step right over left, Step back on left
右足於左足前交叉下沉, 左足回復
- 7-8 Turn a ¼ turn right stepping onto right, Step left beside right
右轉90度右足踏, 左足併踏

第四段 Monterey ¼ Turn Right, Step Fwd, Pivot ½ Turn Left, Step Fwd, Pivot ¼ Turn Left

- 1-2 Point right toe to right side, Turn a ¼ turn right stepping right beside left 右足趾右點, 右轉90度右足併踏
- 3-4 Point left toe to left side, Step left beside right
左足趾左點, 左足併踏
- 5-6 Step right forward, Pivot ½ turn left taking weight onto left
右足前踏, 左軸轉180度重心在左足
- 7-8 Step right forward, Pivot ¼ turn left taking weight onto left
右足前踏, 左軸轉90度重心在左足

ON the 8th Wall (3.00) you will do the following 第八面牆(面向3點鐘)

- 1-8 Step right to right side and spread arms down and out rising slowly by your side for 8 counts 右足右踏, 雙手以8拍慢慢由下往上抬
- 9-16 Turn a ¼ turn left and lower arms down slowly by your side for 8 counts 左轉90度, 雙手以8拍慢慢由上往下放
- 17-24 Step right fwd turning ¼ turn left spread arms down and out rising slowly by your side for 8 counts
左轉90度右足前踏, 雙手以8拍慢慢由下往上抬
- 25-30 Turn a ¼ turn left and lower arms down slowly by your side for 6 counts 左轉90度, 雙手以6拍慢慢由上往下放

31-32 Step forward right, Pivot ½ turn left taking weight onto left
右足前踏, 左轉180度重心在左足

ENDING: Repeat The Snowflake on the very last wall and reach out in front of you when completed
結束：最後一面牆重覆做雙手上舉放下雪花的動作，會剛好跳到面向前面牆結束
