

# Forever

拍数: 96                      墙数: 2                      级数:  
编舞者: Amanda Bowden (AUS) & Gordon Elliott (AUS) - March 2016  
音乐: Forever - Mariah Carey : (Album: Daydream)



**Original Position: Feet Together Weight On The Right Foot.**  
**This dance is done in TWO directions. Introduction : 24 Beats.**

## **S1: WALTZ ACROSS, ACROSS, SLOW SWEEP, WALTZ ACROSS, ACROSS, SLOW SWEEP**

1, 2, 3                      Step L Across In Front Of R, Step R Together, Step L Together,  
4, 5, 6                      Step R Across In Front Of L, Slow Sweep L To The Side (2 Beats)  
1, 2, 3                      Step L Across In Front Of R, Step R Together, Step L Together,  
4, 5, 6                      Step R Across In Front Of L, Slow Sweep L To The Side (2 Beats)

## **S2: FORWARD, SLOW DRAG, BACK, 1/2 FORWARD, FORWARD, FORWARD, SLOW HOOK BEHIND, BACK, SLOW HOOK ACROSS**

1, 2, 3                      Step L Forward, Slow Drag R Toe Towards Left, (2 Beats)  
4, 5, 6                      Step R Back, Turn 180° Left Step L Forward, Step R Forward,  
1, 2, 3                      Step L Forward, Slow Hook R Toe Behind Left, (2 Beats)  
4, 5, 6                      Step R Back, Slow Hook L Across In Front Of Right. (2 Beats)

## **S3: FORWARD, SLOW SWEEP, FORWARD, SLOW SWEEP, ACROSS, ROCK, SIDE, ACROSS, ROCK, SIDE**

1, 2, 3                      Step L Forward, Slow Sweep R Toe To The Side, (2 Beats)  
4, 5, 6                      Step R Forward, Slow Sweep L Toe To The Side, (2 Beats)  
1, 2, 3                      Step L Across In Front Of Right, Rock Onto R, Step L To The Side,  
4, 5, 6                      Step R Across In Front Of Left, Rock Onto L, Step R To The Side.

## **S4: SLOW PIVOT TURN, 1/4 SIDE, 1/2 SLOW HITCH, SIDE, SLOW HIPS, SLOW HIP**

1, 2, 3                      Pivot : Step L Forward, Slow Turn 180° Right Take Weight On R, (2 Beats)  
4, 5, 6                      Turn 90° Right Step L To The Side, Slow Turn 180° Right Hitch R, (2 Beats)  
1, 2, 3                      Step R To The Side, Slow Hips To The Right, (2 Beats)  
4, 5, 6                      Slow Hips To The Left Take Weight Onto L. (3 Beats)

## **S5: SAILOR STEP, BACK, SLOW SWEEP, SAILOR STEP, BACK, SLOW SWEEP**

1, 2, 3                      Sailor : Step R Behind Left, Step L To The Side, Step R To The Side,  
4, 5, 6                      Step L Back, Slow Sweep R To The Side, (2 Beats)  
1, 2, 3                      Sailor : Step R Behind Left, Step L To The Side, Step R To The Side,  
4, 5, 6                      Step L Back, Slow Sweep R To The Side, (2 Beats).

## **S6: BACK, SLOW HOOK, WALTZ FORWARD 1/2 TURN, BACK, SLOW HOOK, FORWARD, SLOW 1/4 SWEEP**

1, 2, 3                      Step R Back, Slow Hook L Across In Front Of Right, (2 Beats)  
4, 5, 6                      Step L Forward, Turn 180° Left Step R Together, Step L Together,  
1, 2, 3                      Step R Back, Slow Hook L Across In Front Of Right, (2 Beats)  
4, 5, 6                      Step L Forward, Turn 90° Left Slow Sweep R Toe To The Side. (2 Beats)

## **S7: ACROSS, SIDE, BEHIND, SIDE, SLOW DRAG, SIDE, SLOW DRAG & SIDE, SLOW DRAG**

1, 2, 3                      Step R Across In Front Of Right, Step L To The Side, Step R Behind Left,  
4, 5, 6                      Big Step L To The Side, Slow Drag R Toward Left, (2 Beats)  
1, 2, 3 &                      Big Step R To The Side, Slow Drag L Towards Right (2 Beats), Step L Together,  
4, 5, 6                      Big Step R To The Side, Slow Drag L Towards Right. (2 Beats) ##

**S8: FORWARD, SLOW KICK, WALTZ BACK 1/2 TURN, FORWARD, SLOW KICK, WALTZ BACK**

- 1, 2, 3            Step L Forward, Slow Kick R Forward, (2 Beats)  
4, 5, 6            Waltz : Step R Back, Turn 180° Left Step L Forward, Step R Together,  
1, 2, 3            Step L Forward, Slow Kick R Forward, (2 Beats)  
4, 5, 6            Waltz : Step R Back, Step L Together, Step R Together. \*\*

**[96] REPEAT THE DANCE IN NEW DIRECTION**

**RESTARTS : On WALL 2 & WALL 4 dance to BEAT 84 ( ## ) & RESTART to the BACK & FRONT RESPECTIVELY**

**TAG : At the END ( \*\* ) of WALL 5 (BACK) add the following tag**

- 1, 2, 3            Pivot : Step L Forward, Slow Turn 180° Right Take Weight Onto R, (2 Beats)  
4, 5, 6            Pivot : Step L Forward, Slow Turn 180° Right Take Weight Onto R, (2 Beats)  
1, 2, 3            Step L To The Side, Slow Push Hips To The Left, (2 Beats)  
4, 5, 6            Slow Push Hips To The Right (3 Beats).

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