Keep Me Around



编舞者: Alan Birchall (UK) & Jacqui Jax (UK) - March 2016

音乐: Keep Me Around - Turin Brakes: (CD: Lost Property or Single - On ITunes Or

Amazon)



Start: On Lyrics Seconds: 23 Counts: 16 from heavy beat BPM: 98

No Tags – One Restart

WALK, WALK, ROCK, 1/2 CROSS, LUNGE/PRESS, RECOVER, 1/2 SAILOR TURN

1-2 Walk Forward Right, Left

3&4 Making ¼ Turn Left Rock Right To Right, Recover On Left, Cross Right Over Left 09:00

5-6 Press /Lunge Left To Left, Recover On Right

7&8 Make ¼ Turn Left Sweeping Left Behind Right, Step Right To Right, Step Left In Place 06:00

'TOUCH' HITCH STEP X 2, CROSS, POINT, 3/4 TURN, STEP

9-10	Touch Right Toe Forward, Slight Hitch Right Knee, Step Forward On Right
11-12	Touch Left Toe Forward, Slight Hitch Left Knee, Step Forward On Left
13-14	Cross Right Over Left, Point Left To Left

15-16 Make ³/₄ Turn Left Stepping Left By Right, Step Forward On Right 09:00

SIDE, TOGETHER, CROSS X 2 (SCISSOR STEPS), STEP BACK, DRAG, CROSS SHUFFLE

17&18	Step Left To Left, Step Right By Left, Cross Left Over Right
19&20	Step Right To Right, Step Left By Right, Cross Right Over Left
21-22	Take Big Step Back On Left, Drag Right By Left

23&24 Cross Left Over Right, Step Right By Left, Cross Left Over Right

SWAY, RECOVER, BACK, POINT, CROSS, SIDE, BEHIND, SIDE, CROSS

25-26	Sway Right To Right, Recover On Left
27-28	Cross Right Behind Left, Point Left Back
29-30	Cross Left Over Right, Step Right To Right,

31&32 Cross Left Behind Right, Step Right To Right, Cross Left Over Right

SKATE RIGHT, SKATE LEFT, SIDE SHUFFLE, CROSS, BACK, 1/4 SHUFFLE

33-34	Skate Right, Skate Left
35&36	Step Right To Right, Left By Right, Right To Right
37-38	Cross Left Over Right, Step Back On Right

39&40 Making ¼ Turn Left Step Left To Left, Step Right By Left, Step Forward On Left 06:00

1/4 STEP TOUCH X 4 (DIAMOND TURN)

41-42 Making ¼ Turn Left Take Big Step Right To Right Diagonal, Touch Left By Right, Click

Fingers 03:00

43-44 Making ¼ Turn Left Take Big Step Left To Left Diagonal, Touch Right By Left, Click Fingers

12:00

Restart Here During Wall 3 Facing 12:00

45-46 Making ¼ Turn Left Take Big Step Right To Right Diagonal, Touch Left By Right, Click

Fingers 09:00

47-48 Making ¼ Turn Left Take Big Step Left To Left Diagonal, Touch Right By Left, Click Fingers

06:00

START AGAIN

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