

Keep Me Around

COPPER KNOB
BY STEPHEN

拍数: 48 墙数: 2 级数: Easy Intermediate
编舞者: Alan Birchall (UK) & Jacqui Jax (UK) - March 2016
音乐: Keep Me Around - Turin Brakes : (CD: Lost Property or Single - On iTunes Or Amazon)



Start: On Lyrics Seconds: 23 Counts: 16 from heavy beat BPM: 98
No Tags – One Restart

WALK, WALK, ROCK, ¼ CROSS, LUNGE/PRESS, RECOVER, ¼ SAILOR TURN

1-2 Walk Forward Right, Left
3&4 Making ¼ Turn Left Rock Right To Right, Recover On Left, Cross Right Over Left 09:00
5-6 Press /Lunge Left To Left, Recover On Right
7&8 Make ¼ Turn Left Sweeping Left Behind Right, Step Right To Right, Step Left In Place 06:00

'TOUCH' HITCH STEP X 2, CROSS, POINT, ¾ TURN, STEP

9-10 Touch Right Toe Forward, Slight Hitch Right Knee, Step Forward On Right
11-12 Touch Left Toe Forward, Slight Hitch Left Knee, Step Forward On Left
13-14 Cross Right Over Left, Point Left To Left
15-16 Make ¾ Turn Left Stepping Left By Right, Step Forward On Right 09:00

SIDE, TOGETHER, CROSS X 2 (SCISSOR STEPS), STEP BACK, DRAG, CROSS SHUFFLE

17&18 Step Left To Left, Step Right By Left, Cross Left Over Right
19&20 Step Right To Right, Step Left By Right, Cross Right Over Left
21-22 Take Big Step Back On Left, Drag Right By Left
23&24 Cross Left Over Right, Step Right By Left, Cross Left Over Right

SWAY, RECOVER, BACK, POINT, CROSS, SIDE, BEHIND, SIDE, CROSS

25-26 Sway Right To Right, Recover On Left
27-28 Cross Right Behind Left, Point Left Back
29-30 Cross Left Over Right, Step Right To Right,
31&32 Cross Left Behind Right, Step Right To Right, Cross Left Over Right

SKATE RIGHT, SKATE LEFT, SIDE SHUFFLE, CROSS, BACK, ¼ SHUFFLE

33-34 Skate Right, Skate Left
35&36 Step Right To Right, Left By Right, Right To Right
37-38 Cross Left Over Right, Step Back On Right
39&40 Making ¼ Turn Left Step Left To Left, Step Right By Left, Step Forward On Left 06:00

¼ STEP TOUCH X 4 (DIAMOND TURN)

41-42 Making ¼ Turn Left Take Big Step Right To Right Diagonal, Touch Left By Right, Click Fingers 03:00
43-44 Making ¼ Turn Left Take Big Step Left To Left Diagonal, Touch Right By Left, Click Fingers 12:00

Restart Here During Wall 3 Facing 12:00

45-46 Making ¼ Turn Left Take Big Step Right To Right Diagonal, Touch Left By Right, Click Fingers 09:00
47-48 Making ¼ Turn Left Take Big Step Left To Left Diagonal, Touch Right By Left, Click Fingers 06:00

START AGAIN

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