

Silvery Moonlight Waltz (zh)

COPPER KNOB
BY STEPHEN

拍数: 48 墙数: 2 级数: Improver
编舞者: Rep Ghazali (SCO) - 2010年10月
音乐: Some Things They Cant Take Away - Miss Leslie : (CD: Wrong Is What I Do Best)



前奏 : 24 count intro start on vocal 24拍後唱歌起跳

第一段 Basic Forward, Basic Back

- 1-3 step forward Left, step Right beside Left, step Left beside Right
左足前踏, 右足併踏, 左足併踏
- 4-6 step back Right, step Left beside Left, step Right beside Left
右足後踏, 左足併踏, 右足併踏

第二段 Left Twinkle, Right Twinkle ½ Turn

- 1-3 cross Left over Right, step Right beside Left, step Left beside Right
左足於右足前交叉踏, 右足併踏, 左足併踏
- 4-6 cross Right over Left, ¼ turn Right by stepping back on Left, ¼ turn Right by stepping Right beside Left (6)
右足於左足前交叉踏, 右轉90度左足後踏, 右轉90度右足併踏(面向6點鐘)

第三段 Left Twinkle, Twinkle ¼ Turn

- 1-3 cross Left over Right, step Right beside Left, step Left beside Right
左足於右足前交叉踏, 右足併踏, 左足併踏
- 4-6 cross Right over Left, ¼ turn Right by stepping back Left, step Right to Right side (9)
右足於左足前交叉踏, 右轉90度左足後踏, 右足右踏(面向9點鐘)

第四段 Lunge-Recover-Side, Lunge-Recover-¼ Turn

- 1-3 lunge Left across Right, recover on Right, step Left to Left side
左足於右足前交叉踏, 右足回復, 左足左踏
- 4-6 lunge Right across Left, recover on Left, ¼ turn Right by stepping forward Right (12)
右足於左足前交叉踏, 左足回復, 右轉90度右足前踏(面向12點鐘)

RESTAR 4th wall – dance up to count 24 then restart from back wall

T: 第四面牆, 跳至此, 面向後面牆從頭起跳

第五段 Full Turn, ½ Turn Basic

- 1-3 ½ turn Right by stepping back on Left, ½ turn Right by stepping forward Right, step forward Left
右轉180度左足後踏, 右轉180度右足前踏, 左足前踏
- Alternative non turner: run forward Left-Right-Left
簡單版: 前跑-左, 右, 左
- 4-6 ½ turn Left by stepping back on Right, step Left beside Right, step Right beside Left (6)
左轉180度右足後踏, 左足併踏, 右足併踏(面向6點鐘)

第六段 Forward-¼ Turn-Tog, Back Basic

- 1-3 step forward Left, ¼ turn Left by stepping Right beside Left, step Left beside Left (3)
左足前踏, 左轉90度左足併踏, 左足併踏(面向3點鐘)
- 4-6 step back Right, step Left beside Left, step Right beside Left
右足後踏, 左足併踏, 右足併踏

第七段 Box Step

- 1-3 step Left to Left side, slide and step Right beside Left, step forward Left 左足左踏, 右足併踏, 左足前踏
- 4-6 step Right to Right side, slide and step left beside Right. Step back Right 右足右踏, 左足併踏, 右足後踏

第八段 Sway-Sway-¼ Turn, Step-½ Turn-Step

- 1-3 sway Left to Left side, sway Right to Right, ¼ turn Left by stepping on Left (12)
左擺臀, 右擺臀, 左轉90度左足踏
- 4-6 step forward Right, ½ pivot turn Left, step forward Right (6)
右足前踏, 左軸轉180度, 右足前踏(面向6點鐘)
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