

Them Girls

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Intermediate
编舞者: Ria Vos (NL) & Simon Ward (AUS) - March 2016
音乐: Them Girls - Aurnyn : (Album: Ghost Town)



Intro: 32 Counts (± 18 sec.)

L Cross & Heel & Press, Twist-Twist, & Rock Fwd, & Step Pivot ½ L

1&2 Cross L Over R, Step R to R Side, Tap L Heel to L Diagonal
&3 Step L Next to R, 'Press' Ball of R Fwd
&4 Swivel R Heel to R Side, Swivel R Heel Back to Center
&5-6 Step R Next to L, Rock Fwd on L (Roll Body Fwd), Recover on R (Roll Body Back)
&7-8 Step L Next to R, Step Fwd on R, Pivot ½ turn L

'Jump' ½ L with Sweep, Behind-Side-Cross, Out-Out, Twist Knee, ¼ R Rock Fwd

1 ½ Turn L Step/Jump Back on R Sweeping L Around
2&3 Step L Behind R, Step R to R Side, Cross L Over R
&4 Step R to R Side (out), Step L to L Side (out)
&5 Turn/Twist R Knee In, Turn Knee out ¼ Turn R Stepping Weight Fwd on R
6-7 Rock Fwd on L, Recover on R

Sailor ¾ L Cross/Dip, ¼ R Step Fwd, Lock Step Fwd, Mambo Fwd, Coaster Cross

8& Sweep & Cross L Behind R Turning ½ Turn L, ¼ L Step R Next to L ***Restart Point
1-2 Cross L Over R with a little dip, ¼ turn R Step Fwd on R
3&4 Step Fwd on L, Lock R Behind L, Step Fwd on L
5&6 Rock Fwd on R, Recover on L, Step Back on R
7&8 Step Back on L, Step R Next to L, Cross L Over R

'&' Diagonally Fwd, Together, Cross (R&L), Side Step, Hip Turn 1/4 L, Shuffle Fwd

&1-2 Step R Fwd to R Diagonal, Step L Next to R straighten up to 9:00, Cross R Over L
&3-4 Step L Fwd to L Diagonal, Step R Next to L straighten up to 9:00, Cross L Over R
5-6 Step R to R Side, ¼ Turn L Turning Hips CCW
7&8 Shuffle Fwd Stepping R, L, R

Restart: On wall 4 After count 16& (12:00)

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