

Shy Guy (zh)

拍数: 16 墙数: 4 级数: Beginner
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音乐: Shy Guy - Diana King : (CD: Bad Boys)



前奏 : 16 Count intro 16拍起跳

第一段 Side Together, Side Shuffle (2x)

- 1-2 Step right to right (1), step left beside right (2)
右足右踏, 左足併踏
- 3&4 Step right to right (3), step left beside right (&), step right to side (4) 右足右踏, 左足併踏, 右足右踏
- 5-6 Step left to left (5), step right beside left (6)
左足左踏, 右足併踏
- 7&8 Step left to left (7), step right beside left (&), step left to side (8) 左足左踏, 右足併踏, 左足左踏

第二段 Cross Rock Side (R& L), Heel Switches With ¼ Turn Left

- 1&2 Cross right over left (1), recover weight onto left (&) step right to right (2) 右足於左足前交叉踏, 左足回復, 右足右踏
- 1&2 Cross left over right (3), recover weight onto right (&) step left to left (4) 左足於右足前交叉踏, 右足回復, 左足左踏
- 5&6& Touch right heel forward (5), step right beside left (&), touch left heel forward (6), step left beside right (&)
右足踵前點, 右足併踏, 左足踵前點, 左足併踏
- 7&8& Repeat 5&6& 重覆 5&6&
- Note: Whilst doing counts 5-8, make a slow ¼ turn left so that you'll end up on the 9 o'clock wall to start the new wall
當做5-8拍的同時, 左轉90度面向9點鐘, 新的面牆從頭起跳