

Broken Bottles

COPPER KNOB
BY SHEETS

拍数: 128 墙数: 1 级数: Phrased Easy Intermediate
编舞者: Treece (USA) & Shell Paap (USA) - July 2014
音乐: Empty Hearts Broken Bottles - Sandy Wells



Download song at, www.sandywellsonline.com & iTunes

Sequence; Tag, A, B, Tag, A, B, Tag, A, B.

Start 16 counts in with Tag, or start 32 counts in on Vocals with Part A

Part A – 64 counts

Start with weight on Left foot

A1: R L R lock steps diag. forward right, L R L lock step diag. forward left,

1 - 4 Step Right diagonally forward, lock left behind right, step right forward, hold

5 - 8 Step Left diagonally forward, lock right behind left, step left forward, hold

A2: Triple back, R L R dia. Triple back, L R L dia.

1 - 4 Step Right diagonally back, step Left next to right, step back right, hold

5 - 8 Step Left diagonally back, step right next to left, step back left, hold

A3: Rock Right, rec, cross, Rock left, recover right, cross,

1 - 4 Side Rock on Right, recover on left, cross right over left, hold

5 - 8 Side Rock on Left, recover on right, cross left over right, hold

A4: R L R triple in place, hold, left 1/4 turn, Left coaster step,

1 - 4 Step in place, Right, Left, Right while turning ¼ turn left, hold

(Alternate - Step right foot to side and roll hips counter clockwise while turning ¼ left, with weight on right foot, hold)

5 - 8 Step left foot back, step right next to left, step left forward, hold

A5: Rock fwd right, recover, triple ½ turn.

1 - 4 Rock forward on right, for two counts, recover back on left, for two counts

5 - 8 Triple 1/2 turn to right, stepping right, left, right, as you turn, hold

A6: Rock fwd left, recover, triple ¼ turn

1 - 4 Rock forward on left, for two counts, recover on right for two counts,

5 - 8 triple turn 1/4 left, stepping Left, Right, Left as you turn, hold

A7: Right dia. Step fwd. Touch, Back, Heel, Shuffle R L R

1 - 4 Step right foot diagonally forward, touch left to right, step back on left, touch right heel forward,

5 - 8 shuffle dia. forward Right, Left, Right, hold

A8: Left dia. Step fwd. Touch, Back, Heel, Shuffle L R L

1 - 4 Step Left foot diagonally forward, touch right to left, back on right, touch left heel forward,

5 - 8 shuffle dia. forward Left Right Left, hold

Part B – 64 counts

B1: Right kick twice, right coaster, Left kick twice, left coaster

1 - 2 Kick right foot forward twice,

3 & 4 Step back on right foot, step left foot next to right, step right foot forward

5 - 6 Kick left foot forward twice,

7 & 8 Step back on left, step right next to left, step left forward

B2: Step touches, step right, touch L, Step left, touch R, repeat

- 1 - 4 Step right, touch left next to right, step left, touch right next to left,
5 - 8 Repeat

B3: Touch R out, in, out, in, right grapevine (can be rolling vine)

- 1 - 4 Touch right foot out to right, touch right foot next to left, touch right foot out, touch right foot next to left.
5 - 8 Step right, to right side, step left behind, step right, touch left next to right

B4: Touch left out, in, out, in, left grapevine (can be rolling vine)

- 1 - 4 Touch left foot out to left, touch left foot next to right, touch left foot out, touch left foot next to right.
5 - 8 Step left, to left side, step right behind left, step left, touch right foot next to left

B5: Step touches back, step R, touch L, Step L, touch R, repeat

- 1 - 4 Step back right foot, touch left next to right, step back left foot, touch right next to left
5 - 8 Repeat

B6: Rock fwd, back, rock back, fwd...1/2 turn, stomp, stomp

- 1 - 4 Rock forward on right foot, recover back on left foot, Rock back on right, recover forward on left,
5 - 8 Step right forward, pivot 1/2 turn left, stomp lightly in place R L

B7: Rock fwd. back, Rock back, fwd...1/2 turn, stomp, stomp

- 1 - 8 Repeat last 8, rocking chair and pivot turn, stomp R L

B8: Right, heel split...Left, heel split

- 1 - 4 Step right foot dia. forward right, bring left foot next to right,
(heel split) both heels out, in
5 - 8 Step left foot dia. forward left, bring right foot next to left,
(heel split), both heels out, in

Tag

Twist (Grind) right heel, step left next to right, hold.

Twist (Grind) left heel, step right next to left, hold.

- 1 - 4 Step right foot slightly forward, twist (grind) right heel, turning right toes out toward right, slightly stomp left foot next to right foot, hold
5 - 8 Step left foot slightly forward, twist (grind) left heel, turning left toes out toward left, slightly stomp right foot next to left, hold
1 - 8 Repeat last eight steps

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