

San Antonio Bay-B (zh)

COPPER KNOB
BY STEPHEN

拍数: 68 墙数: 4 级数: Improver
编舞者: Gaye Teather (UK) - 2011年01月
音乐: San Antonio Baby - Raul Malo : (CD: Sinners & Saints)



前奏 : 20 count intro from start of main beat – start dance on vocals. Dance rotates in CCW direction.

第一段 Right Scissor Step. Hold & Clap. Weave Left

- 1-4 Step Right to Right side. Step Left beside Right. Cross Right over Left. Hold & clap 右足右踏, 左足併踏, 右足於左足前交叉踏, 候(拍手)
- 5-8 Step Left to Left side. Cross Right behind Left. Step Left to Left side. Cross Right over Left 左足左踏, 右足於左足後交叉踏, 左足左踏, 右足於左足前交叉踏

第二段 Side Left. Touch & Clap. Quarter Turn Right. Touch & Clap. Quarter Turn Right. Touch & Clap. Back Rock

- 1-2 Step Left to Left side. Touch Right beside Left & clap 左足左踏, 右足併點(拍手)
- 3-4 Quarter turn Right stepping forward on Right. Touch Left beside Right & clap 右轉90度右足前踏, 左足併點(拍手)
- 5-6 Quarter turn Right stepping Left to Left side. Touch Right beside Left & clap (Facing 6 o'clock) 右轉90度左足左踏, 右足併點(拍手)(面向6點鐘)
- 7-8 Rock back on Right. Recover onto Left 右足後下沉, 左足回復

第三段 Side. Together. Forward. Hold. Step. Pivot Half Turn Right. Step. Pivot Quarter Turn Right

- 1-4 Step Right to Right side. Step Left beside Right. Step forward on Right. Hold 右足右踏, 左足併踏, 右足前踏, 候
- 5-6 Step forward on Left. Pivot half turn Right 左足前踏, 右軸轉180度
- 7-8 Step forward on Left. Pivot quarter turn Right (Facing 3 o'clock) 左足前踏, 右軸轉90度(面向3點鐘)

第四段 Cross Rock. Side. Hitch. Rocks With Knee Pops X4

- 1-4 Cross rock Left over Right. Recover onto Right. Step Left to Left side. Hitch Right knee across Left 左足於右足前交叉下沉, 右足回復, 左足左踏, 右膝於左足前抬
- 5-6 Step/Rock Right to Right side popping Left knee in. Rock weight onto Left popping Right knee in 右足右下沉左膝轉向內, 左足回復右膝轉向內
- 7-8 Rock weight onto Right popping Left knee in. Rock weight onto Left popping Right knee in 右足右下沉左膝轉向內, 左足回復右膝轉向內

第五段 Walk Forward X3. Kick Forward. Walk Back X3. Kick Diagonally Forward

- 1-4 Walk forward Right. Left. Right. Kick Left forward 前走步-右, 左, 右, 左足前踢
- 5-8 Walk back Left. Right. Left. Kick Right diagonally forward Right 後走步-左, 右, 左, 右足斜角前踢

第六段 Sweep Behind Into Weave With Quarter Turn Left. Step. Pivot Half Turn Left

- 1-4 Sweep Right behind Left. Step Left to Left side. Cross Right over Left. Step Left to Left side 右足繞至左足後踏, 左足左踏, 右足於左足前交叉踏, 左足左踏

5-6 Cross Right behind Left. Quarter turn Left stepping forward on Left
右足於左足後交叉踏, 左轉90度左足前踏

7-8 Step forward on Right. Pivot half turn Left (Facing 6 o'clock)
右足前踏, 左軸轉180度(面向6點鐘)

第七段 Right Diagonal Lock Step Forward. Touch. Side Left. Touch. Quarter Turn Right. Touch

1-2 Step Right diagonally forward Right. Lock Left behind Right
右足斜角前踏, 左足於右足後鎖踏

3-4 Step Right diagonally forward Right. Touch Left beside Right
右足斜角前踏, 左足併點

5-6 Step Left to Left side. Touch Right beside Left
左足左踏, 右足併點

7-8 Quarter turn Right stepping forward on Right. Touch Left beside Right (Facing 9 o'clock) 右轉90度
右足前踏, 左足併點(面向9點鐘)

第八段 Side Left. Cross. Side Left. Diagonal Kick Forward. Side Right. Cross. Side Right. Diagonal Kick Forward

1-4 Step Left to Left side. Cross Right over Left. Step Left to Left side. Kick Right diagonally forward Right
左足左踏, 右足於左足前交叉踏, 左足左踏, 右足斜角前踢

5-8 Step Right to Right side. Cross Left over Right. Step Right to Right side. Kick Left diagonally forward Left
右足右踏, 左足於右足前交叉踏, 右足右踏, 左足斜角前踢

第九段 Sweep Behind. Side. Cross. Hold

1-4 Sweep Left behind Right. Step Right to Right side. Cross Left over Right. Hold 左足繞至右足後踏, 右足右踏, 左足於右足前交叉踏, 候
