

7 Years Old

拍数: 16 墙数: 4 级数: Beginner
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音乐: 7 Years - Lukas Graham



Start after 16 counts intro

Section 1: BASIC NIGHT CLUB TWICE, SIDE ROCK BEHIND SIDE CROSS, SIDE ROCK CROSS

- 1.2 & Step left to left side, rock right back behind left, recover onto left
- 3.4 & Step right to right side, rock left behind right, recover onto right
- 5 & Rock left to left side, recover onto right
- 6 & 7 Cross left behind right, step right to right side, cross left over right
- & 8 & Rock right to right side, recover onto left, cross right over left (body facing 10.30)

Section 2: 1/4 TURN L, STEP LOCK STEP, ROCKING CHAIR, JAZZ BOX CROSS, SWAY SWAY

- 1 1/4 turn left stepping L forward (9.00)
- 2 & 3 Step right forward, lock left behind right, step right forward
- 4 & 5 & Rock left forward, recover onto right, rock left backward, recover onto right
- 6 & 7 & Cross left over right, step right back, step left to left side, cross right over left
- 8 & Step left to left side and sway, step right to right side and sway

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