

Pura Passion (zh)

COPPER KNOB
STEPPERS

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Yvonne Anderson (SCO) - 2011年02月
音乐: Pura Passion - DJ Bobo : (CD: Pirates Of Dance)



前奏 : Start on main vocal 唱歌起跳

第一段 Walk R, L, Extended 1/2 Turn Shuffle, Touch, Heel, Hitch, Touch

- 1-2 Walk forward R, L 右足前走, 左足前走
- 3&4 (&) Step R behind left, Make 1/4 turn left stepping L forward, (&) Step R behind left, Make 1/4 turn left stepping L forward [6] 右足於左足後踏, 左轉90度左足前踏, 右足於左足後踏, 左轉90度左足前踏(6點鐘)
- 5&6& Touch R toes to right, (&) Step R beside left, Touch L heel forward (&) Step L beside right [6] 右足趾右點, 右足併踏, 左足踵前點, 左足併踏(面向6點鐘)
- 7&8 Hitch R knee (&) Step R beside left, Touch L to left [6] 右膝抬, 右足併踏, 左足左點(面向6點鐘)

第二段 Cross Unwind 1/2 Turn, Coaster Step, Shuffle Forward, Full Turn

- 8&1-2 (&) Step L back, Step R across left, Unwind 1/2 turn weight on R [12] 左足後踏, 右足於左足前交叉踏, 左繞轉180度重心在右足(面向12點鐘)
- 3&4 Step L back, (&) Step R beside left, Step L forward [12] 左足後踏, 右足併踏, 左足前踏(面向12點鐘)
- 5&6 Shuffle forward stepping R,L,R [12] 前交換-右, 左, 右(面向12點鐘)
- 7-8 Make 1/2 turn right stepping L back, Make 1/2 turn right stepping R forward [12] 右轉180度左足後踏, 右轉180度右足前踏(面向12點鐘)

第三段 Step 1/4 Turn, Flick, Cross Shuffle, Diagonal Lock Steps

- 1&2 Step L forward, (&) Make 1/4 turn right taking weight on R, Flick L heel back [3] 左足前踏, 右轉90度重心在右足, 左足踵後抬(面向3點鐘)
- 3&4 Step L across right, (&) Step R to side, Step L across right [3] 左足於右足前交叉踏, 右足右踏, 左足於右足前交叉踏(面向3點鐘)
- 5-6 Step R to right diagonal, Lock L behind right [4.30] 右足右斜角前踏, 左足於右足後鎖踏(面向4:30)
- 7&8 Step R to right diagonal, (&) Lock L behind right, Step R to right diagonal [4.30] 右足右斜角前踏, 左足於右足後鎖踏, 右足右斜角前踏(面向4:30)

第四段 Rock Recover, Rolling Triple Turn, Front, Side, Sailor Step

- 1-2 Rock L forward squaring off to [3], Recover weight on R [3] 左足前下沉(轉正面向3點鐘), 右足回復(面向3點鐘)
- 3&4 Make 1/4 turn left stepping L forward, (&) Make 1/2 turn left stepping R back, Make 1/4 turn left stepping L to left [3] 左轉90度左足前踏, 左轉180度右足後踏, 左轉90度左足左踏(面向3點鐘)
- 5-6 Step R across L, Step L to left [3] 右足於左足前交叉踏, 左足左踏(面向3點鐘)
- 7&8 Step R behind left, (&) Step L to left, Step R to right [3] 右足於左足後踏, 左足左踏, 右足右踏(面向3點鐘)

第五段 Behind Unwind, Travelling Sambas, Kick-Out-Out

- 1-2 Touch L behind right, Unwind 1/2 turn left taking weight on left [9] 左足於右足後點, 左繞轉180度重心在左足(面向9點鐘)
- 3&4 Step R forward to left diagonal, (&) Rock L to left, Step R slightly forward [9] 右足左斜角前踏, 左足左下沉, 右足略前踏(面向9點鐘)

- 5&6 Step L forward to right diagonal, (&) Rock R to right, Step L slightly forward [9] 左足右斜角前踏, 右足右下
沉, 左足略前踏(面向9點鐘)
- 7&8 Kick R across left, (&) Step R to right, Step L to left [9]
右足於左足前踢, 右足右踏, 左足左踏(面向9點鐘)

第六段 Heel Twist 1/4 Turn, Syncopated Back Rocks, Paddle 1/2 Turn

- 1-2 Twist heels L, Making 1/4 turn left twist heels to right weight on R [6] 雙足踵向左轉, 雙足踵向右轉並左
轉90度重心在右足(面向6點鐘)
- 3-4& Rock L back, Recover weight on R, (&) Step L beside right [6]
左足後下沉, 右足回復, 左足併踏(面向6點鐘)
- 5-6 Rock R back, Recover weight on L, [6]
右足後下沉, 左足回復(面向6點鐘)
- &7 (&) On ball of L make 1/4 turn left, Touch R toes to right [3]
重心在左足左轉90度, 右足趾右點(面向3點鐘)
- &8 (&) On ball of L make 1/4 turn left, Touch R toes to right [12]
重心在左足左轉90度, 右足趾右點(面向12點鐘)

RESTART: Walls 1 (facing 12 o'clock) & 3 (facing 6 o'clock)

第一面牆跳至此(面向12點鐘), 第三面牆跳至此(面向6點鐘), 從頭起跳

第七段 Skate X2, Shuffle, Rock Forward, Recover, Triple 1 1/2 Turn

- 1-2 Skate forward R, L [12] 右足滑冰, 左足滑冰(面向12點鐘)
- 3&4 Shuffle forward stepping R, L, R [12] 前交換-右, 左, 右(12點鐘)
- 5-6 Rock L forward, Recover weight on R [12]
左足前下沉, 右足回復(面向12點鐘)
- 7&8 Make 1/2 turn left stepping L forward, (&) Make 1/2 turn left stepping R back, Make 1/2 turn left stepping L
forward [6]
左轉180度左足前踏, 左轉180度右足後踏, 左轉180度左足前踏(6點鐘)

第八段 Step 1/4, Cross Shuffle, Side, Draw, Hip Bumps

- 1-2 Step R forward, Make 1/4 turn left taking weight on L [3]
右足前踏, 左轉90度重心在左足(面向3點鐘)
- 3&4 Step R across left, (&) Step L to side, Step R across left [3]
右足於左足前交叉踏, 左足左踏, 右足於左足前交叉踏(面向3點鐘)
- 5-6 Step L to left (long step), Draw R toes left weight remains on left [3]
左足左一大步, 右足趾拖併重心仍在左足(面向3點鐘)
- 7&8 With R toes touched beside left bump hips R, (&) Return hips to centre, Bump hips R [3] 右足趾併點右推
臀, 回中心, 右推臀(面向3點鐘)

TAG: At the END of Wall 2 (facing 3 o'clock) repeat counts 49-64 (now facing 6 o'clock) 第二面牆結束時(面向3點鐘),
重覆跳第七段及第八段(面向6點鐘)從頭起跳
