

I'm A Fool

拍数: 32 墙数: 4 级数: Absolute Beginner
编舞者: Micaela Svensson Erlandsson (SWE) - February 2016
音乐: I'm A Fool - TT Grace



Intro: 32 counts.

Section 1: Right Grapevine. Swivel left. Swivel left.

1-4 Step right to right. Cross left behind right. Step right to right. Step left beside right.
5-6 With weight on balls of both feet swivel heels left. Swivel back to centre.
7-8 With weight on balls of both feet swivel heels left. Swivel back to centre.

Section 2: Left Grapevine. Swivel right. Swivel right.

1-4 Step left to left. Cross right behind left. Step left to left. Step right beside left.
5-6 With weight on balls of both feet swivel heels right. Swivel back to centre.
7-8 With weight on balls of both feet swivel heels right. Swivel back to centre.

Styling: (Section 1&2)

As you do the swivels move your hands in front of your body from side to side following the swivels.

Section 3: Side. Touch & Clap. Side. Touch & Clap. 1/4 Turn left. Touch & Clap. Side. Touch & Clap.

1-2 Step right to right. Touch left beside right & Clap.
3-4 Step left to left. Touch right beside left & Clap.
5-6 Turn 1/4 left stepping right to right. Touch left beside right & Clap.
7-8 Step left to left. Touch & Clap.

Section 4: Slow Right Chasse. Touch. Slow Left Chasse. Touch.

1-4 Step right to right. Close left beside right. Step right to right. Touch left beside right.
5-8 Step left to left. Close right beside left. Step left to left. Touch right beside left.

Styling : (Section 4)

When doing the slow Chasses to the right, make a circle clockwise, holding your hands in front of your body.

At the touch just Keep the hands still at 1 o' clock.

When doing the slow Chasses to the left, make a circle from anti clockwise, holding your hands in front of your body.

At the touch just keep the hands still at 11 o'clock.