

# I'll Be Alright

拍数: 64      墙数: 4      级数: Intermediate  
编舞者: Maggie Gallagher (UK) - March 2016  
音乐: I'll Be Alright - Beckah Shae : (Amazon.co.uk)



Intro: 16 counts (6 secs)

## S1: SIDE, HOLD, BALL SIDE, ROCK BACK, CHASSE L

1-2            Step right to right side, HOLD  
&3            Step left next to right, Step right to right side  
4-5            Cross rock back on left, Recover on right  
6&7           Step left to left side, Step right next to left, Step left to left side

## S2: ROCK BACK, KICK, STEP, HITCH, JAZZ BOX CROSS

8-1            Cross rock back on right, Recover on left  
2-3            On slight right diagonal kick right forward, Step on right  
4-5            Hitch left across right, Cross left over right  
6-7-8        Step back on right, Step left to left side, Cross right over left

## S3: ¼, ½, POINT, HOLD, & POINT, HOLD, & SIDE, TOUCH

1-2            ¼ right stepping back on left, ½ right stepping on right [9:00]  
3-4            Point left to left side, HOLD  
&5-6        Step left next to right, Point right to right side, HOLD  
&7-8        Step right next to left, Step left to left side, Touch right next to left

## S4: HITCH, BACK BUMP, BUMP, BUMP, STEP, STEP, ½ PIVOT, BRUSH

1-2            Hitch right knee up, Step back on right bumping hips back on right  
3-4            Bump hips forward on left, Bump hips back on right  
5-6            Step forward on left Step forward on right  
7-8            ½ pivot left, Right toe brush [3:00] \* Restart Walls 2&5

## S5: CHASSE R, ROCK BACK, CHASSE L, ROCK BACK

1&2            Step right to right side, Step left next to right, Step right to right side  
3-4            Rock back on left, Recover on right  
5&6            Step left to left side, Step right next to left, Step left to left side  
7-8            Rock back on right, Recover on left

## S6: ⅛ HIP ROLL, ⅛ HIP ROLL, CROSS, ¼, BACK, POINT

1-2            Step forward on right, ⅛ left rolling hips round to left (weight ends on left)  
3-4            Step forward on right, ⅛ left rolling hips round to left (weight ends on left) [12:00]  
5-6            Cross right over left, ¼ right stepping back on left  
7-8            Walk back on right, Point left toe back on slight diagonal

## S7: WALK, ½ L, ½ L, WALK, STEP, TOUCH, ROCK, ROCK

1-2            Walk forward on left, ½ left stepping back on right  
3-4            ½ left stepping forward left, Walk forward on right [3:00]  
5-6            Step forward on left on slight left diagonal, Touch right next to left  
7-8            Rock weight on to right, Rock weight on to left (Note: these are not side rocks)

## S8: CROSS, HOLD, BALL CROSS, SIDE ROCK, HEEL GRIND, SIDE, CROSS

1-2            Cross right over left, HOLD  
&3            Step left to left side, Cross right over left

4-5 Rock left to left side, Recover on right  
6-7-8 Left heel grind over right, Step right to right side, Cross left over right [3:00]

**RESTARTS: \*Walls 2 & 5 after 32 counts**

**TAG: 8 count tag after Wall 3 [9:00]**

**R SIDE, HOLD, BALL SIDE, TOUCH, L SIDE, HOLD, BALL SIDE, TOUCH**

1-2 Step right to right side, HOLD  
&3-4 Step left next to right, Step right to right side, Touch left next to right  
5-6 Step left to left side, HOLD  
&7-8 Step right next to left, Step left to left side, Touch right next to left

**Thank You To Margaret Hains For Suggesting The Music**

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