

Party Freak (zh)

COPPER KNOB
BY STEPHEN METZ

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Kate Sala (UK) - 2011年03月
音乐: On The Floor (CCW Radio Mix) (feat. Pitbull) - Jennifer Lopez : (3:44)



前奏 : Start after 64 count intro. 32 seconds in.

第一段 Side Rock Right, Sailor Step, Cross, Rock Back, Recover With Flick, Step Forward.

- 1, 2 Rock out to right Side on R. Recover on L. 右足右下沉, 左足回復
- 3 & 4 Cross step R Behind L. Step L to left side. Step R to right side.
右足於左足後交叉踏, 左足左踏, 右足右踏
- 5 Cross step L over R. 左足於右足前交叉踏
- 6, 7, 8 Rock back on R. Rock forward on L flicking R foot up behind. Step forward on R. 右足後下沉, 左足前下沉
右足後抬, 右足前踏

第二段 Rock Forward, Shuffle Back, Turn 1/2 Right, Step Pivot 1/4 Right, Cross Step

- 1, 2 Rock forward on L. Recover on R. 左足前下沉, 右足回復
- 3 & 4 Step back on L. Step R next to L. Step back on L.
左足後踏, 右足併踏, 左足後踏
- 5, 6, 7, 8 Turn 1/2 right stepping forward on R. Step forward on L. Pivot 1/4 turn right. Cross step L over R.
右轉180度右足前踏, 左足前踏, 右軸轉90度, 左足於右足前交叉踏

第三段 Sweep Right, Cross Step, Side Rock Left, Recover, Chasse Left, Cross Step, Sweep Left.

- 1, 2 Sweep R foot out to right side from back to front. Cross step R over L. 9 o'clock. 右足由後繞至前, 右足於
左足前交叉踏(面向9點鐘)
- 3, 4 Step L to left side swaying hips left. Transfer weight to R swaying hips right. 左足左踏左擺臀, 右擺臀
- 5 & 6 Step L to left side. Step R next to L. Step L to left side.
左足左踏, 右足併踏, 左足左踏
- 7, 8 Cross step R over L. Sweep L out to left side from back to front.
右足於左足前交叉踏, 左足由後繞至前

第四段 Cross Step, Step Right, Weave Right, Turn 1/2 Right With Cross Shuffle, Long Step Left, Drag Touch.

- 1, 2 Cross step L over R. Step R to right side.
左足於右足前交叉踏, 右足右踏
- 3 & 4 Cross step L behind R. Step R to right side. Cross step L over R.
左足於右足後交叉踏, 右足右踏, 左足於右足前交叉踏
- 5 & 6 (Pivoting on L) Turn 1/2 right cross stepping R over L. Step L to left side. Cross step R over L.
右轉180度右足於左足前交叉踏, 左足左踏, 右足於左足前交叉踏
- 7 8 Take a long step left. Drag R towards L finishing with a touch. (Weight on L). 3 o'clock.
左足左一大步, 右足拖併點(重心在左足)(面向3點鐘)

第五段 Walk x 2, Cross Samba, Cross Samba, Step, Pivot 1/2 Turn Left.

- 1, 2 Walk forward on R, L. *(Restart from here during wall 2)
右足前走, 左足前走(第二面牆Restart由這兒起跳)
- 3 & 4 Cross step R over L. Rock out to left side on ball of L. Recover on R. (Travelling Forward)
右足於左足前交叉踏, 左足左下沉, 右足回復(前移)
- 5 & 6 Cross step L over R. Rock out to right side on ball of R. Recover on L.(Travelling forward)
左足於右足前交叉踏, 右足右下沉, 左足回復(前移)
- 7, 8 Step forward on R. Pivot 1/2 turn left. *(Restart from count 33 on wall 2). 9 o'clock. 右足前踏, 左軸轉180
度(面向9點鐘)

There is 1 Restart during wall 2: Dance 40 counts only and restart from count 33.

第二面牆跳至此時，從這一段起跳

第六段 Walk x 2, Cross Samba, Cross Samba, Step, Pivot ½ Turn Left.

1 - 8 Repeat the above 8 counts. 3 o'clock.
重覆第五段動作(面向3點鐘)

第七段 Small Jump Right Diagonal, Touch & Hip Bump, Small Jump Left Diagonal, Touch & Hip Bump, Jump Forward Out, Out, Jump Back Together, Step Pivot 1/4 Turn Left.

& 1 & 2 Small jump on R to right diagonal. Touch L next to R, Raise L hip up, Drop hip back to place. 右足右斜角前跳, 左足併點, 左推臀, 後推回

& 3 & 4 Small jump on L to left diagonal. Touch R next to L, Raise R hip up, Drop hip back to place. 左足左斜角前跳, 右足併點, 右推臀, 後推回

& 5 Jump forward stepping R out to right side & L out to left side.
右足右前跳, 左足左踏

& 6 Jump back stepping R back to centre & Stepping L next to R.
右足後跳回, 左足併踏

7, 8 Step forward on R. Pivot 1/4 turn left. 12 o'clock.
右足前踏, 左軸轉90度(面向12點鐘)

第八段 Step Pivot 1/4 Turn Left x 2, Step Forward, Side Switches Left & Right, Touch in.

1, 2 Step forward on R. Pivot 1/4 turn left.
右足前踏, 左軸轉90度

3, 4 Step forward on R. Pivot 1/4 turn left. 6 o'clock.
右足前踏, 左軸轉90度(面向6點鐘)

5 Step forward on R. 右足前踏

6 & 7 Touch L toe out to left side. Step L in place. Touch R toe out to R side.
左足左點, 左足踏, 右足右點

8 Touch R toe next to L. 右足併點
