

Heartbreak

拍数: 32 墙数: 4 级数: Beginner
编舞者: Maite Alemany (ES) - December 2014
音乐: Can't Break It to My Heart - Tracy Lawrence



SIDE STEP TOGETHER, SHUFFLE, SIDE STEP TOGETHER, SHUFFLE

- 1- Step right to the right
- 2- Step left beside the right
- 3- Step right forward
- &- Step left behind the right
- 4- Step right forward
- 5- Step left to the left
- 6- Step right beside the left
- 7- Step left back
- &- Step right over left
- 8- Step left back

ROCK STEP, ½ TURN SHUFFLE, ROCK STEP, SHUFFLE

- 9- (Rock) Step right back and put your weight onto it
- 10- (Step) recover your weight on to the left
- 11- Step right forward and turn ¼ turn to the left at the same time
- &- Step left beside the right
- 12- Step right to the right and turn ¼ turn to the left at the same time
- 13- (Rock) Step left back and put your weight onto it
- 14- (Step) Recover your weight onto the right
- 15- Step left forward
- &- Step right behind the left
- 16- Step left forward

Restart At the end of the 4th wall (12:00), dancing to the "Count 16

TOE STRUT x 2, SIDE POINT AND CROSS x 2

- 17- Step left back
- &- Step right in front of the left
- 18- Step left back
- 19- Touch left toe forward
- 20- Lower left heel
- 21- Touch right toe to the right
- 22- Cross right behind the left
- 23- Touch left toe to the left
- 24- Cross left behind the right

¼ TURN MONTEREY AND HOOK, GRAPEVINE

- 25- Touch right toe to the right
- 26- Step right beside the left, turning ¼ turn to the right at the same time
- 27- Touch left toe to the left
- 28- Touch right calf with the left toe
- 29- Step left to the left
- 30- Cross right behind the left
- 31- Step left to the left
- 32- Stomp right beside the left

Restart At the end of the 4th wall (12:00), dancing to the "Counter 16" to restart the dance again

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